Mind Control

Control your thoughts or they will control you.

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Ephesians 6:16

"In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one."

2 Corinthians 10:3-5

"For though we live in the world, we do not wage war as the world does. ⁴ The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

You can't win the battle if you ignore the battle.

Catch and Replace

2 Corinthians 10:5

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