



BIG IDEA:

GOD LISTENS WHEN WE HAVE BIG FEELINGS

BIBLE:

JOB

GRADE:

4 - 7

WEEK:

2



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ACTIVITY

GIANT EMOJI

Okay, friends! **Who can tell me what an emoji is?** That's right! They are little pictures of faces that we can use to communicate different emotions.

INSTRUCTIONS: *Print the emoji printable. Fold the label on the bottom backward so the kids can't see the answer, only the emoji. Have the kids guess which emotion the emoji is showing. After a few rounds, switch it up and have a kid act out the emotion and encourage the other kids to guess what it is.*

We have so many different kinds of emotions! **Do you think God cares about our emotions?**

POLL

BIG FEELINGS

INSTRUCTIONS: *Present the kids with the following statements and have them respond by pretending to cry if they would be sad, or pretending to laugh if they would be happy.*

SPECIAL NEEDS HACK: *Utilize the emoji printable from the "Giant Emoji" activity. Pick two opposite emotions (i.e., happy/sad), print them out in double-sided format and have kids show you the emoji that represents how they would feel.*

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How would you feel if . . .

Your friend remembered your birthday.

Your dog ran away.

You heard someone say something mean about you.

You got first place in a contest.

You lost your favorite toy.

You found out you're getting a little brother or sister.

Sometimes, we have big feelings, don't we?

Our feelings are important! God made us to have big feelings and emotions.

BIBLE STORY

JOB CRIES OUT TO GOD

INSTRUCTIONS: Have the kids open their Bibles to today's passage, Job 23:1-7, and read each verse as prompted below.

PRETEEN HACK: Since we are talking about feelings today, have preteens form small groups and, as they listen to the Bible story, see if they can retell the story using emojis from a tablet or a leader's phone.

Has anyone ever been so upset that all you could do was cry? What are some of the emotions you were feeling?

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I think some of those emotions may have been what Job was feeling in the verses we are going to read today. At this point in our story, Job has been through a lot of tough stuff, and he felt he needed to release all of his emotions against God.

Do you remember some of the tough things Job has been through?
Let's see what Job said.

[Read Job 23:1-2.]

Job said his complaint was bitter. **What do you think that means?** Bitter can also mean feelings of anger or hurt. I think if I went through the same things Job did, I would feel the same way. **Would you?**

[Read Job 23:3-5.]

Job is so upset, he wants to know where to go to find God.

[Read Job 23:6-7.]

Did God treat Job's feelings as if they weren't important or did God listen to Job's feelings?

That's right! God listened to how Job was feeling, even though Job was sad and angry.

Whatever we are feeling, whether it's happy, sad, or angry, God will always listen to us.

Do you feel like you can talk to God about anything? I know sometimes it may feel weird, especially if we are shy or quiet. Or it may even feel like God is not listening to us at all and won't help us.

How can we practice talking to God about all of our feelings? We just start! Even if we feel silly, or shy, or quiet. No matter what we may feel, God is there listening to us and wants us to talk about anything.

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BIG IDEA

GOD LISTENS WHEN WE HAVE BIG FEELINGS

INSTRUCTIONS: Write the Big Idea in a really small font on a huge piece of paper. Choose a kid to come up to the front and choose a really big magnifying glass or a small one to read the Big Idea with. Have the rest of the kids repeat the Big Idea after you.

Last week, we had a similar piece of paper and it told us something big about God. I wonder what it will say today?

Who can come up here and read what this says?

God listens when we have big feelings!

We can share all our feelings with God.

ACTIVITY

CAN YOU HEAR IT NOW?

We're going to do an activity where we let the music represent our feelings. Some songs are big and loud and others are small and low.

INSTRUCTIONS: Divide the kids into groups and tell them to stand in different areas of the room. Tell the kids to raise their hands or dance once they hear the music. Play the music at different volume levels each time.

The same kind of thing happens with our emotions. Sometimes, we have small, quiet feelings, and other times, we have big, loud feelings.

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What's an example of a small feeling?

What's an example of a big feeling?

Does the size of your feelings change how God listens to you?

No! God actually cares about everything we feel, but usually, we are able to handle the smaller feelings on our own. But aren't you glad you don't have to deal with the tougher things all by yourself because **God listens when we have big feelings?**

MEMORY VERSE

JOB 37:5 (NIV)

INSTRUCTIONS: Practice this month's memory verse with the signs (a combination of SEE and ASL) available in your Programming folder or at growcurriculum.org/Job37-5.

Let's practice this month's memory verse together!

"God's voice thunders in marvelous ways; he does great things beyond our understanding."