

BREAKERS

Fast 2026

JANUARY 5-25, 2026

WORLD HARVEST
CHRISTIAN CHURCH

Dear World Harvest Partner,

We would like to thank you for choosing to participate in our 2026 Fast. As a church this gives us the opportunity to be unified in our hearts as we seek God corporately. According to Joel 2:12, fasting is a time for us to turn our hearts back to God. It is a practice that we do privately as believers which in return produces outward and inward results.

As we engage in our corporate fast, we are setting our hearts affection on God and His will for 2026. We are believing God that through this fast our hearts, wills, and commitment to God will be realigned. The word "realign" implies to change or restore to a former position or state. At times life's journey has a way of impeding our progress with detours and distractions that have the power to impact our course and direction. Once things are out of alignment it impedes their ability to flow as they should, and when we are out of alignment with God it impacts our ability to experience the fullness of all that God has for us.

However, we are believing God that every area of your personal life, family life, and business affairs etc. are coming into alignment in 2026 and that every power and force of resistance is being broken off of your life.

Scriptural references for breaking:

Isaiah 58:6, Isaiah 10:27, Psalm 51:17, 2 Samuel 5:20, Isaiah 30:13-14

When we engage in fasting we can set our sights on experiencing God in our lives. **Here are some of the rewards that we can expect to experience:**

- *We can expect to find God. (Jeremiah 29:13)*
- *We can expect to hear God's voice with clarity (Jeremiah 33:3)*
- *We can expect to receive strategies for victory in our lives. (Judges 20)*
- *Gods presence and reverence restored in our lives. (Gal. 2:20)*
- *Strongholds and yokes to be broken (Isaiah 58:6)*
- *A newness of life to spring forth. (Isaiah 58)*

As a church God is desirous to fill our vats with new wine to carry a fresh anointing. God is calling us to lay down idols, barriers, ideals, habits, etc., that have impaired our ability to walk in the fullness of what God has ordained for our lives. We are in expectation that ***The BREAKERS FAST*** is going to:

- Break our hearts with what breaks God.
- Break our will.
- Break every stronghold that has been functioning in our lives.
- Break every wall and ceiling that has been hindering our advancement.
- Break every cycle of destruction that has been at work.
- Break every idol that has been built in our lives.
- Break every generational curse that is in operation.



Reading Assignment:

During this fast we invite you to join us in reading the book of [Jeremiah](#)

Corporate Prayer Schedule:

Wednesdays 12 noon sanctuary

Tuesday Evenings 6 pm sanctuary

Sundays 9:15am Sanctuary

Morning Prayer Tuesday—Friday 5am - 6pm sanctuary

January 21st Watching 6pm—9pm

Daniel Fast Menu: Fruits, Vegetables, Water, Juices, Whole grains, Nuts, Seeds, Beans

Fasting Tips:

Establish a set time for prayer, worship, reading and meditation

Pick a book in the bible (Jeremiah) to patiently journey through

Avoid listening to secular music

Reduce Social Media Time

Stay Hydrated

Listen to at least one audio Christian message per day

Set time for healthy sleeping schedule

Keep a journal to write what God shares with you

Take time to plan and prep meals

Thank you again for choosing to participate in the BREAKERS FAST 2026. We know that you are on the verge of great things happening in your life this year, and we are so excited to journey with you as a church family.



PRAYER & FASTING OUTLINE

DAY 1	Read Jeremiah chapter 1-2 Prayer: Church leadership	DAY11	Read Jeremiah chapter 22-24 Prayer: Children
DAY2	Read Jeremiah chapter 3-4 Prayer: Families	DAY12	Read Jeremiah chapter 25-27 Prayer: Peace
DAY3	Read Jeremiah chapter 5-6 Prayer: Nations	DAY13	Read Jeremiah chapter 28-29 Prayer: Restoration
DAY4	Read Jeremiah chapter 7-8 Prayer: Repentance	DAY14	Read Jeremiah chapter 30-32 Prayer: Will of God
DAY5	Read Jeremiah chapter 9-10 Prayer: Finances	DAY15	Read Jeremiah chapter 33-36 Prayer: Vision
DAY6	Read Jeremiah chapter 11-12 Prayer: The body of christ	DAY16	Read Jeremiah chapter 37-39 Prayer: Salvations
DAY7	Read Jeremiah chapter 13-14 Prayer: WHCC	DAY17	Read Jeremiah chapter 40-42 Prayer: Unity
DAY8	Read Jeremiah chapter 15-16 Prayer: Healing	DAY18	Read Jeremiah chapter 43-46 Prayer: Clean Heart
DAY9	Read Jeremiah chapter 17-19 Prayer: Mind of Christ	DAY19	Read Jeremiah chapter 47-49 Prayer: Wisdom
DAY10	Read Jeremiah chapter 20-21 Prayer: Victory over the flesh	DAY20	Read Jeremiah chapter 50-51 Prayer: Strength
		DAY21	Read Jeremiah chapter 52 Prayer: Open Ear