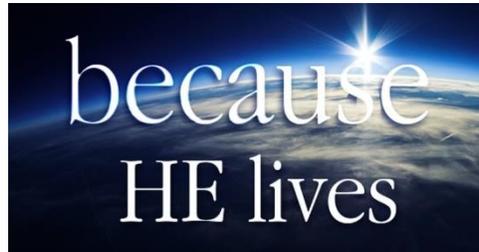




the lake church

June 13, 2021

**MUSIC THAT MATTERS #8**



**Psalm 34**

**1. HE DELIVERES ME FROM ALL MY FEARS**

– Psalm 34:1-7

*“This is one of the greatest invitations in the Psalms to all the people to join together in praise.”* – John MacArthur

*“Fear is one of the by-products of modern life, and no one can completely avoid it. It saps spiritual vitality, and it can paralyze the soul.”* – John Bunyan (Pilgrim Progress)

Psalm 56:3; Psalm 46:1-3; Psalm 91:4-5; Mathew 10:31; Psalm 23:4; Hebrews 9:27; Ecclesiastes 8:8; Job 30:23; Psalm 49:10; Joshua 1:6-10

**Courage and confidence lead to victory.**

- Confidence (def): “A feeling of assurance, especially of self-assurance,”
- **Courage** (def): “The ability to do something that you know is right or good, even though it is dangerous, frightening, or very difficult.”

**2. HE DELIVERS ME FROM ALL MY WORRIES**

– Psalm 34:8-14

**Fear leads to worry.**

Worry (def): "Mental distress or agitation resulting from concern, usually for something impending or anticipated, anxiety".

*“More focus on worries and cares leads to the destruction of faith and trust. The destructive anxiety eats faith, brings unrest to the soul, deprives sleep, robs present*

*peace, satisfaction, and joy, and propels us into a mythical future, consumes our present joy and satisfaction in God, and misleads our direction for future steps.” – Dr. Ralph F. Wilson*

Matthew 6:27; Philippians 4:6-8; Psalm 119:105,11; 1 Peter 5:7; Psalm 119:165; Psalm 34:1; Psalm 136:1-3

*“Many of you are filled with a thousand anxieties. Bring them to Jesus Christ by faith...I am learning in my own life, day by day, to keep my mind centered on Christ; the worries and anxieties and concerns of the world pass and nothing but ‘perfect peace’ is left in the human heart.”*

– Billy Graham

### **3. HE DELIVERS ME FROM ALL MY TROUBLES**

– Psalm 34:15-22

**Fear... leads to worries... worries lead to troubles.**

Exodus 14:19; Exodus 14: 30

*“Trust in yourself leads to doom and disappointment. Trust in your friends, one day they will die and leave you. Trust in money and it will be taken away from you. Trust in reputation it will be ruined by a slanderous tongue. But Trust in God gives you unbroken intimacy and joy forever.” – DL Moody*