

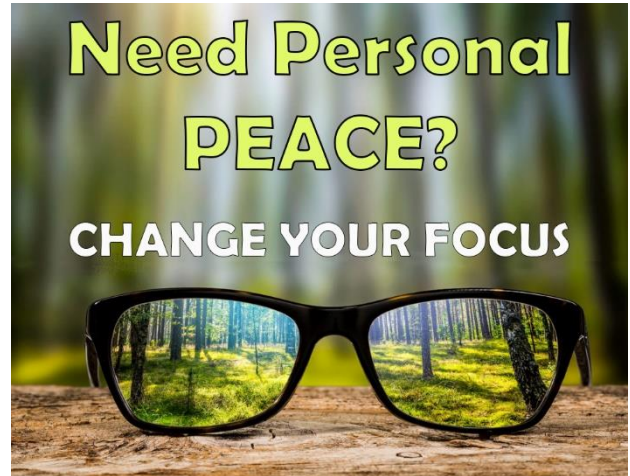


the lake church

August 6, 2023

New Series:

#1



Psalm 46:1-11

1. I WILL SAY NO TO BAD FEAR

For God is MY refuge and strength!

(Psalm 46:1-3/Proverbs 9:10/Psalm 111:10/Proverbs 1:7/Proverbs 14:26/2 Timothy 1:7/Isaiah 41:10/Mark 9/Galatians 5:22-23/Romans 10:17/1 John 4:18/Psalm 34:4)

Two Types of SPIRITUAL Fear:

- a. FEAR OF THE LORD ... a good thing
- b. THE SPIRIT OF FEAR ... a not-so-good thing

KEY: "What comes into your mind when you think about God?"

2. I WILL SAY NO TO BAD ANGER

For God is with me!

(Psalm 46:4-7/1 Peter 3:15/Ephesians 4:26-27/Ephesians 5:15/Proverbs 29:11/John 14:1/Proverbs 15:1/1 John 4:4)

3. I WILL SAY NO TO BAD STRESS

For I may cast my cares on Him!

(Psalm 46:8-11/ Psalm 8:3-4/Psalm 19:1)

Homework:

This week read through Psalm 46. Daily... Slowly... Out loud
Think/ponder each "SELAH" section.