



the **lake** church

May 22, 2022

“Strength and Courage” #5



6 THINGS JOB DID (and you can too)

to keep going when feeling like giving up:

1. GET REAL WITH GOD AND LET HIM KNOW HOW YOU FEEL

Job 1:20-22/Job 7:11/Lamentations 2:19/Jeremiah 20:7/Ruth 1:20/Ephesians 4:26

Losses in life often produce:

- Anger (Why is this happening to me?)
- Grief (What have I lost?)
- Shock (I can't believe this)
- Fear (Now what?)

2. ALLOW OTHERS TO HELP YOU

Romans 12:15/Job 6:14/1 Thessalonians 5:11/Galatians 6:2

3. STOP ASKING WHY

- Not helpful ... only prolongs pain.
- Job asked questions for 37 chapters!
- THEN ... God started asking Job.

Job 3:11-13/Proverbs 25:2/1 Corinthians 13:9,12/Job 21:15

4. DECIDE TO TRUST GOD, EVEN THOUGH...

Job 42:1-3,6/Job 13:15/1 Peter 5:8/Hebrews 11:1

Remind yourself about things about God you do know.

- God is good and loving – Job 10:12
- God is all powerful – Job 36:22, 37:5,23
- God know every detail of my life – Job 23:10,31:4
- God is in control – Job 34:34
- God has a plan for my life – Job 23:14
- God will protect me – Job 5:11

5. DON'T LET YOURSELF BECOME BITTER

Job 1:21-22/John 11/Job 2:9-10 Hebrews 12:15b

6. FACE THE FUTURE COURAGEOUSLY

2 Sam 12:15b-23/Job 11:18/2 Corinthians 4:8-9 Colossians 1:11