



the **lake** church

August 27, 2023

Series: Summer Psalms



4 - CHOOSING WISDOM OVER WORRY

Psalm 37

KEY:

***"Delight yourself also in the LORD,
And He shall give you the desires of your heart."***

Psalm 37:4

- 1. STOP FRETTING**
(Psalm 37:1-2/Psalm 37:7-8/Proverbs 24:19-20/ Proverbs 14:30 /Ecclesiastes 1:9)

- 2. WORRY IS WORTHLESS**
(Matthew 6:27/Matthew 6:34/Lamentations 3:22-23)

- 3. WORRY IS CONTAGEOUS**
(Proverbs 17:22)

FOUR LIFE GIVING WORDS

Trust, Delight, Commit, Rest

- I. **TRUST** in the LORD
(Psalm 37:3/Ephesians 2:10/James 2:14)
- II. **DELIGHT** in the LORD
(Psalm 37:4)
- III. **COMMIT** your way to the LORD
(Psalm 37:5-6)
- IV. **REST** in the LORD
(Matthew 11:28-29/Psalm 37:25/Psalm 37:27-29/ Psalm 37:30-31/Psalm 37:34/Psalm 37:39-40)

KEY: TRUST (not faith) – but faith makes it possible.
(Psalm 37:3/Matthew 6:26, 30/John 13:15/Isaiah 26:3/ Proverbs 3:5-6)