



the lake church

February 13, 2022

**HAPPY VALENTINES' DAY!**

**PROVERBS - Wise Living in a Foolish World**



**GUARD YOUR HEART**

**Proverbs 4**

**1. THE IMPORTANCE OF YOUR HEART.**

- A. Guarding your heart is more important than anything else you do.
- B. Heart is used in Scripture as the most comprehensive term for the authentic person.
- C. You are what your heart is.  
Proverbs 23:7 / Proverbs 27:19 / Luke 6:45
- D. That is why God says HE looks at the heart not the external appearance.  
1 Samuel 16:7
- E. It is out of our hearts that sin emanates.  
Matthew 15:17-19 / Jeremiah 17:9
- F. It is by believing with the heart that one receives God's gracious salvation.  
Romans 10:9-10

## **2. THE ATTACK OF THE HEART**

Spiritual Warfare – battle for your heart

Ephesians 6:11-12 / Acts 5:3 / John 13:2 / Luke 22:31

## **3. THE CONDITIONS OF THE HEART**

A. Hardening of the Arteries (Cold indifference)

Hebrews 4 / Proverbs 28:14

B. Heart Murmur (Complaining)

Philippians 2:14 / John 6:43

C. Congestive Heart Failure (Lethargy)

1 Corinthians 12:26 / Ephesians 4:16

D. Hypertension (Anger, Super Sensitivity)

Ephesians 4:31-32

E. Heart Blockage (Stubbornness and Resistance to Holy Spirit)

Psalms 81:11-12 / Ephesians 4:30 / 1 Thess 5:19

F. Enlarged Heart (Inflated Egos)

Proverbs 28:25 / Proverbs 16:18 / Proverbs 16:5 / James 4:6

***“Getting wisdom is the wisest thing you can do! And whatever else you do, develop good judgment.”***

Proverbs 4:7 (NLT)

***“Guard your heart above all else, for it determines the course of your life.”***

Proverbs 4:23 (NLT)

***“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”***

Philippians 4:6-7