

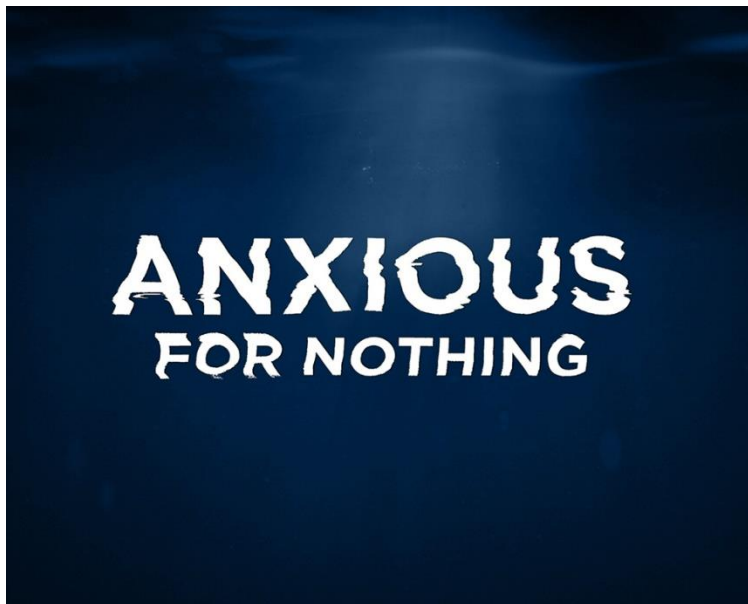


the lake church

February 18, 2024

**How to Positively Handle the Negativity # 7**

**Welcome Our Guest Teaching Pastor,  
Kevin Ibanez**



***“Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup>Let your gentleness be evident to all. The Lord is near. <sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*** –Philippians 4:4-7 NIV

***“Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there, <sup>4</sup> while he himself went a day’s journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. ‘I have had enough, Lord,’ he said. ‘Take my life; I am no better than my ancestors.’*** – 1 Kings 19:3-4 NIV

1. We run ourselves into the \_\_\_\_\_.

“Elijah was afraid and ran for his life.” 1 Kings 19:3

2. We shut people \_\_\_\_\_.

“He left his servant there.” 1 Kings 19:3

3. We focus on the \_\_\_\_\_.

"Take my life; I am no better than my ancestors." 1 Kings 19:4

4. We forget about \_\_\_\_\_.

"Let all that I am praise the Lord; may I never forget the good things he does for me."

Psalm 103:2 NLT

### MY GOD IS MY BREATH!

*The Lord said, "Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. <sup>12</sup>After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper. – 1 Kings 19:11-12 NIV*