

The Gospel Of John  
Seek Jesus  
John 6:26-65  
Week 12 April 12, 2026  
Pastor Mike Popovich

Jesus says to them "Take courage, It is I, do not be afraid."

### SEEK JESUS

*Jesus answered them, "Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. 27 Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal." 28 Then they said to him, "What must we do, to be doing the works of God?" 29 Jesus answered them, "This is the work of God, that you believe in him whom he has sent."*  
John 6:26-29 ESV

What are your expectations in following Jesus?

Are you seeking the bread that sustains the body or are you seeking Jesus to feed your soul?

The work of God is to **believe** in Jesus whom the Father has sent.

### MANY PEOPLE REMAIN SKEPTICAL.

*So they said to him, "Then what sign do you do, that we may see and believe you? What work do you perform?"*  
John 6:30 ESV

Before you get to the Promised Land we often have to go through the Wilderness.

Physical bread means that you will be hungry again.  
Spiritual bread will feed you into eternal life.

### JESUS IS THE BREAD OF LIFE

*Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst...40 For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day."*

John 6:35, 40 ESV

*47 Truly, truly, I say to you, whoever believes has eternal life. 48 I am the bread of life...53 So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. 54 Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. 55 For my flesh is true food, and my blood is true drink.*

John 6:47, 53-55 ESV

What does it mean to eat the living bread of Jesus? It means you have more than a casual acknowledgment of Jesus. You take Jesus into yourself, into your soul. His words and His way of living life become your words and your way of living life.

Jesus gave His body and blood on the cross as a literal payment for our sins.

To receive salvation is to receive all of Jesus.

Fill yourself with what you can only get from God.

Jesus' life was given to give you life.