

THE CHOSEN
A Sabbath Day of Rest
Isaiah 43:1-3
Week 2 January 15, 2023
Pastor Mike Popovich

What is Sabbath?

In the beginning God created the heavens and the earth...1 Thus the heavens and the earth were completed in all their vast array. 2 By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. 3 Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Genesis 1:1; 2:1-3 NAS

God created the universe in all its complexity in 6 days.

Sabbath is a reminder from God of who created all of this in the first place.

What is the message of Sabbath?

If you are trying to do life by yourself you will never have enough time.

If you are doing life with God six days is enough.

WITH JESUS SABBATH CHANGES

We worship Jesus on Sunday because we want to begin the week with Him and walk with Him throughout the week.

Clip #1: Nicodemus sees Mary and asks how she came to be healed.

*“Do not fear, for I have redeemed you;
I have called you by name; you are Mine!
2 “When you pass through the waters, I will be with you;
Isaiah 43:1b-2a NAS*

Moses called on God and God parted the sea and Israel **passed through** on dry land.

We get in trouble when we forget God is with us and think we are all alone to go through life.

Clip #2: Mary tentatively prepares for Shabbat.

What did Jesus promise us?

“Come to Me, all who are weary and heavy-laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light.”

Matthew 11:28-30 NAS

We find our Sabbath rest in Jesus.

Clip #3: Mary invites Jesus to join Shabbat.

*“Do not fear, for I have redeemed you;
I have called you by name; you are Mine!*

Isaiah 43:1b NAS

This promise is for believers.

He has redeemed us.

We belong to Him because He paid the price for our freedom.

Is He really always with us?

Will He really never leave us or forsake us?

I believe

Help my unbelief.

Help me to remember.