THE SUBMISSIVE MIND

Philippians 2:1–11 | Reverend Michael Wiseman | Sunday School Handout

Central Truth: Unity among believers is cultivated through humility, with Jesus Christ as our supreme example.

I. THE NEED FOR UNITY | Philippians 2:1–4

• People are the second “thief of joy.” Paul addresses threats to unity, both from within the church and from false teachers without.

• **Unity is not uniformity:** outward agreement does not necessarily mean genuine oneness.

• Chapter 1 emphasizes the **single mind**; chapter 2 shows the way to unity: **humility**.

Notes:

II. HUMILITY LOOKS TO OTHERS | Philippians 2:3–4

• Humility is not low self-esteem; it means thinking of ourselves less and considering the needs of others.

• An inward focus on worries, failures, and feelings can become a painful cycle. Serving others helps redirect our attention beyond ourselves.

• Practical expressions: prepare a meal, visit someone, listen carefully, or volunteer.

Notes:

III. CHRIST: THE PERFECT EXAMPLE | Philippians 2:5–8

• In the “Christ Hymn,” Jesus willingly humbled Himself, took the form of a servant, and experienced the suffering of human life.

• He served those He created and faced the weight of the suffering before Him.

• His submission shows that genuine humility is expressed through self-giving service.

Notes:

IV. SERVE OTHERS — AND RECEIVE HELP

• In Gethsemane, Jesus reached out to His disciples; He did not face His anguish in isolation.

• Pride resists humility. We should be willing both to help others and to allow others to help us.

• Recognizing our need and asking for help can be an expression of strength.

Supporting Scripture: Proverbs 11:14

Personal Application: Who can I serve this week? Where do I need to accept help?