



Psalm 23 (All Campus discussion guide)

Sermon Summary

As we launch a sermon series walking through several of the Psalms, we will see that they both speak to and affirm the full range of human emotions. This first week we will look at perhaps the most famous of the Psalms, the 23rd. As you work your way through Psalm 23, you'll discover that it's predominantly about dealing with physical, emotional stress. The author, David, certainly knew what stress was all about. Yet in this beautiful Psalm, he unpacks how the Good Shepherd enabled him to deal with stress.

Key Passage: John 8:1-11

Questions for Reflection and discussion

Same as usual for the Know section

Grow

In the first few verses of Psalm 23, David talks about resting. At times we can reach the point of physical or emotional exhaustion. How do you find spiritual rest and restoration when you're exhausted?

A sheep's number 1 job is to listen to/for the voice of it's shepherd. Describe how you hear the voice of God and ways that might bring you peace and direction.

In verse 4 of Psalm 23, David talks about God leading him through the valley of the shadow of death. Why do you think God often brings us through struggles, rather than around struggles?

Go

How can you follow David's example in dealing with your fears?

How does this passage encourage you to face the future?

What truths in this Psalm encourage your heart? Which truths challenge you?