



Sermon Summary

We're beginning a brand-new series titled "How to Deal With ____" In this series, we'll unpack emotions like fear, hurt, anger and shame and see what the Bible says in relation to our emotions. This week, we'll navigate through the emotion of fear and how to challenge our fear with faith!

Key Passage: Psalm 34:1-4; Psalm 27:1-6

Questions for Reflection and Discussion

Grow

What are some things that bring instant fear into your life?

How can fear affect your faith? Can you think of a time when fear strengthened or weakened your faith?

How can we practically apply Philippians 4:6-7 ("Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God...") when we are afraid?

Go

What are some practical steps we can take to trust God more when we face fears?

Can you share a personal testimony or a story you know where someone overcame fear through their faith?

How can we encourage one another in our small group to overcome fear?