

THE DEEP END DISCUSSION GUIDE



LOVE GOD. LOVE PEOPLE.

SUMMARY:

Church can become a monotonous thing that we just add to our busy schedules with no thought of the importance of why we do it. As the people of God gather, we rehearse the gospel story and are motivated to live for Jesus in the coming weeks. Communion, or the Lord's Supper, is one of those practices that brings us closer to the heart of God by remembering what Jesus did for us. Let's lean in.

Key Passage: 1 Corinthians 11:23-26

Be sure to read this Scripture passage together before you proceed to the "Grow" section of our study.

QUESTIONS FOR REFLECTION AND DISCUSSION

KNOW: Spend some time finding out how everyone's week has gone.

The questions in this section provide a guide for connectivity; feel free to approach this part of your group time organically over a meal or "connection" activity or with questions appropriate to your context.

What is something that you are thankful for this week?

What is something that is causing you stress or concern this week?

Who in your life is in need of prayer, physical help, or emotional encouragement right now?

GROW: Grow in the Lord as you engage His Word together.

What are some traditions in your family that have been passed down generationally?

Why should believers continue to take part in Communion?

In verse 25, what did Jesus mean when he said, "This cup is the new covenant in my blood?"

Is communion an individual thing we do in worship to God or a corporate thing? How do we know this from the text?

GO: Talk through ways you can put what you've learned into practice.

Imagine you're talking to someone who is not familiar with church but interested, and they ask what communion is all about. How would you describe it to them and what it points to?

What are some good practices we can implement to make sure we're going into communion in a worthy manner?

What will you change in your life this week to prioritize corporate worship on a weekly basis?