



Psalm 13 (All Campus discussion guide)

### Sermon Summary

Scripture is filled with the struggles of life. It doesn't shy away from that reality. Jesus even said that "in this life we will have trouble." However, the joy is, Jesus overcomes the world. Because He lives, we live. This is truth we need to cling to while we are going through our various challenges of life. In Psalm 13 we see David struggling. This personal journal entry reveals to us his heart on paper. Let's turn our attention to this Psalm of desperation to see what we can learn.

Key Passage: Psalm 13

Questions for Reflection and discussion

Same as usual for the Know section

### Grow

Notice the various questions in v1-2. What do we learn about David's passion here? Which question jumps out to you personally and why?

Read verses 3-4: what's the tone of these verses? What do we learn about prayer?

Read verses 5-6. What would you say David resolves to do during his struggle?

### Go

What is the first thing you turn to when you face struggles? Why?

Take a few moments as a group and discuss why Christians today have a hard time being honest with God in their disappointment. What barriers are keeping us from openly bringing these disappointments and frustrations to God?

Pray together as a group that God will give you the boldness and intimate relationship with Him to be able to voice your feelings, desires, wants, and praise for Him when He answers.