



# DAY OF PRAYER DISCUSSION GUIDE

LOVE GOD. LOVE PEOPLE.

## SUMMARY:

Someone once said that “prayer does not fit us for the greater work. Prayer is the greater work.” As followers of Jesus, we believe wholeheartedly that prayer is essential for following Jesus and becoming more like Jesus. Our hope is that you will grow in a deeper intimacy with God through the gift of prayer.

**Helpful Passages:** Psalm 4:1; Philippians 4:5-7; James 5:14-16

*Be sure to read this Scripture passage together before you proceed to the “Grow” section of our study.*

## QUESTIONS FOR REFLECTION AND DISCUSSION

**KNOW:** Spend some time finding out how everyone’s week has gone.

*The questions in this section provide a guide for connectivity; feel free to approach this part of your group time organically over a meal or “connection” activity or with questions appropriate to your context.*

*What is something that you are thankful for this week?*

*What is something that is causing you stress or concern this week?*

*Who in your life is in need of prayer, physical help, or emotional encouragement right now?*

**GROW:** Grow in the Lord as you engage His Word together.

Describe how you communicate with God. What ways are most effective and meaningful to you?

How honest are you with God when you pray? Read Exodus 5:22-23. Are you as honest as Moses was with God? What are some reasons that keep us from being totally honest with God?

According to 1 John 5:14 God’s desire to respond to us when we call means that we can have confidence in our prayers. Take some time and pray for healing in our city.

**GO:** Talk through ways you can put what you've learned into practice.

What is the biggest issue or need in your life currently? Spend some time praying for those needs as a group.

What keeps most people from praying on a regular basis? What are some specific ways we can overcome those challenges?

Who are you working on inviting to church for “Sit with Me Sunday?” Take some time and pray for them.