

# MINDSETS: A MINDSET OF HOPE

## DISCUSSION GUIDE

### **SUMMARY:**

As we continue in our “Mindset Series,” we examine what it looks like for us to have a mindset of hope. Hope is going beyond the evidence by faith and believing that God is who He says He is and will do what He says He’ll do. In a world that seems so hopeless, we have a hope that can carry us through.

**Key Passages:** 1 Peter 1:13; Isaiah 9:6

*Be sure to read this Scripture passage together before you proceed to the “Grow” section of our study.*

### **QUESTIONS FOR REFLECTION AND DISCUSSION**

**KNOW: Spend some time finding out how everyone’s week has gone.**

*The questions in this section provide a guide for connectivity; feel free to approach this part of your group time organically over a meal or “connection” activity or with questions appropriate to your context.*

*What is something that you are thankful for this week?*

*What is something that is causing you stress or concern this week?*

*Who in your life is in need of prayer, physical help, or emotional encouragement right now?*

**GROW: Grow in the Lord as you engage His Word together.**

In Scripture, hope means “expectation” or “anticipation” of something that is certain. How does a Christian’s hope differ from hope found in other faiths or hope in our culture? Discuss some of the “hopes” a Christian has.

According to 1 Peter 1:13, what is the foundation for our hope?

In Isaiah 9:6, what was the event that the nation of Israel was expecting or hoping to happen that would usher in harmony?

**GO: Talk through ways you can put what you've learned into practice.**

How does having gospel hope cause us to live differently as we plan, receive bad news, walk through trials or disappointment, or even enjoy earthly blessings?

What might it mean to make sure we stay alert, are prepared for action, and are “sober-minded”? What things in our culture pull us into a different mindset? How do we fight those cultural pulls and have minds ready for action?

Where are you placing your hope other than in Jesus? Do you tend to rely on your own power and ability? What can you do to change that this week?



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