



# HOW TO STUDY THE BIBLE

## SERMON DISCUSSION GUIDE FROM 1/9/22

### SERMON SUMMARY

Spiritual growth never comes cheaply or easily. We've got to practice godliness (or holy habits) in the same way an athlete practices his sport—day after day after day. As we continue this series discussing spiritual disciplines, this week's sermon is designed to give us practical, Scriptural tools to help us grow in our personal relationship with God's Word, the Bible.

**Key Passage:** 1 Timothy 4:6-8

*Be sure to read this Scripture passage together before you proceed to the "Grow" section of our study.*

### QUESTIONS FOR REFLECTION AND DISCUSSION

**KNOW—Spend some time finding out how everyone's week has gone.** *The questions in this section provide a guide for connectivity; feel free to approach this part of your group time organically over a meal or "connection" activity or with questions appropriate to your context.*

*What is something that you are thankful for this week?*

*What is something that is causing you stress or concern this week?*

*Who in your life is in need of prayer, physical help, or emotional encouragement right now?*

**GROW—Grow in the Lord as you engage His Word together.**

*Talk openly about where you are currently when it comes to having a daily, private time in the Bible. What are your goals for this year?*

*Ask yourself, what is your motive for reading and studying Scripture?*

*According to Paul, what is the difference between physical training and godly training?*

*How does Scripture help us cling to the promises of God more effectively?*

*Pastor Brett mentioned some things that hurt rather than help us study Scripture. Which one resonates with you the most? (Impatience, Ignorance)*

*According to James 1:22, what does it mean to you to live out what you read and study in the Word of God?*

**GO—Talk through ways you can put what you've learned into practice.**

*The Bible is the only word that has the power to transform lives. What will you change this year to make The Word of God more valuable to you?*

*James 1 says "don't just listen to God's word, do what it says." How can you be a doer of the Word this year?*

*What are roadblocks in your life that get in the way of your intimate time with God in Scripture? Confess it to God and ask Him to help you.*

