

SEVEN

Exodus 20 The Message (MSG)

20 1-2 God spoke all these words:

I am God, your God,
who brought you out of the land of Egypt,
out of a life of slavery.

3 No other gods, only me.

4-6 No carved gods of any size, shape, or form of anything whatever, whether of things that fly or walk or swim. Don't bow down to them and don't serve them because I am God, your God, and I'm a most jealous God, punishing the children for any sins their parents pass on to them to the third, and yes, even to the fourth generation of those who hate me. But I'm unswervingly loyal to the thousands who love me and keep my commandments.

7 No using the name of God, your God, in curses or silly banter; God won't put up with the irreverent use of his name.

8-11 Observe the Sabbath day, to keep it holy. Work six days and do everything you need to do. But the seventh day is a Sabbath to God, your God. Don't do any work—not you, nor your son, nor your daughter, nor your servant, nor your maid, nor your animals, not even the foreign guest visiting in your town. For in six days God made Heaven, Earth, and sea, and everything in them; he rested on the seventh day. Therefore God blessed the Sabbath day; he set it apart as a holy day.

12 Honor your father and mother so that you'll live a long time in the land that God, your God, is giving you.

13 No murder.

14 No adultery.

15 No stealing.

16 No lies about your neighbor.

17 No lusting after your neighbor's house—or wife or servant or maid or ox or donkey. Don't set your heart on anything that is your neighbor's.



2016 MESSAGE

In summary-Heres the 10 Commandments or do you think they are more 10 great suggestions?

1. Do not have any other god before God.
2. Do not make yourself an idol.
3. Do not take the Lord's name in vain.
4. Remember to keep the Sabbath day holy.
5. Honor your mother and father.
6. Do not murder.
7. Do not commit adultery.
8. Do not steal.
9. Do not testify false witness against your neighbor.
10. Do not covet.

Power comes from Sabbath. The devils strategy If I can't make you bad, I'll make you busy.

John 10:10 Steal, kill & destroy. But I came so they may have life.

Power comes from the Sabbath. Sabbath means - Cease work.

- In the beginning God created the heavens and the earth and He did it all in 6 days and on the 7th day He did nothing. Well- He rested.

Why?

He was finished. He trusted that what He had created would work with 100% synergy, cohesion and in perfection.

Or in other words He had **"Faith"** that it would all work.

Hebrews 11:3 "By faith we understand that the universe was created by the word of God"

- So for 6 days, God did things by faith
- God spoke and there it was. But on the seventh day God stopped speaking and rested.

Was God empty, was He exhausted, tired. No - but He still stopped.

Was His faith all used up in 6 days? No

So was faith still operating on the 7th day? Yes

Faith is vs 3b believing that "what is seen was not made out of things that are visible"

What's the Lord been saying.

1. Rest is an act of Faith.

- It takes faith to stop and rest



- It takes faith to trust God will handle everything while we drop tools and sabbath. i.e. Cease work.

God **worked** by faith and He **rested** by faith. Faith has never left the equation.

Heres the Big Idea-Its an step of Faith to stop and rest.

2. Is Sabbath still in effect. Is it ok to take the day off and rest?

Hebrews 4:9

“So then, there **remains a Sabbath rest for the people of God**, 10 for whoever has entered God's rest has also rested from **his works** as God did from his.”

The promise remains of sabbath rest-**So Sabbath is still in effect.**

- God wants us to rest from our work.

How do we do that?

Hebrews 4:11

“Let us therefore **strive to enter that rest**, so that no one may fall by the same sort of disobedience.”

- We have to WORK or STRIVE to enter into REST?

Manna in the desert, collect double so you can rest the next day.

Exodus 16:22

On the sixth day they gathered twice as much bread, two omers each. And when all the leaders of the congregation came and told Moses, 23 he said to them, “This is what the Lord has commanded: ‘Tomorrow is a day of **solemn** rest, a **holy Sabbath** to the Lord; bake what you will bake and boil what you will boil, and all that is left over lay aside to be kept till the morning.’” 24 So they laid it aside till the morning, as Moses commanded them, and it did not stink, and there were no worms in it. 25 Moses said, “Eat it today, for today is a Sabbath to the Lord; today **you will not find it in the field**. 26 Six days you shall gather it, but on the seventh day, which is a Sabbath, there will be **none**.”

27 On the seventh day some of the people went out to gather, but they found none.

Resting principles

- God provides so we can rest. Work 6 days & then rest 1
- Not resting will gain you nothing. They looked/worked and achieved 0
- Resting 1 day opens provision for the next week.

3. What do we do on our Sabbath day?

Remember the Sabbath day and keep it Holy.

Exodus 20:8-11MSG

Observe(remember) the Sabbath day, to keep it holy. Work six days and do everything you need to do. But the seventh day is a **Sabbath to God, your God. Don't do any work**—not you, nor your son, nor your daughter, nor your servant, nor your maid, nor your animals, not even the foreign guest visiting in your town. For in six days God made Heaven, Earth, and sea, and everything in them; he rested on the seventh day. Therefore **God blessed the Sabbath day**; he set it apart as a **holy day**.

What do you do on your sabbath day? Your 7th day?

Remember it, Keep it Holy. Its a day to **worship**, to be with believers.

- Its a day of stepping into faith knowing that God has blessed that day.
- When we by faith, remember the sabbath, and keep it Holy, we step into the blessing of God.
- Remember - Its **faith** that pleases God and He's a **rewarder** of those who diligently seek Him.
- When we **choose** to work, we are just like the Israelites wandering around hoping to find Manna/Blessing from heaven that doesn't exist.
- But when we step out in **faith**, remembering to **rest**, to keep a day a week **Holy**, we step into a week blessed with provision Heaven.

My Story

I don't rest well. Im always on the go, always wanting to achieve, find it very hard to switch off. 20 Years of farming, constantly working.

I try to stop but don't do very well at it.

Its like I Recharge the dust buster only partially.

Lord tackled me on these three things

1. Rest is an act of faith.
2. The sabbath is still in effect
3. I need to keep it Holy

"Living on the edge" is not allowing enough Margin.

2016 MESSAGE

Without margin we are setting ourselves up to crash and burn.

The Lord spoke to me through this passage in Hebrews 4:11

Hebrews 4:11

Let us therefore **strive to enter that rest**, so that no one **may fall** by the same **sort of disobedience**. 12 For the word of God is living and active, **sharper than any two-edged sword, piercing** to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. 13 And no creature is hidden from his sight, but all are **naked and exposed** to the eyes of him to whom we must **give account**.

Will I have to give an account? Yes.

Why are you doing it? Why are you working so hard?

“Because I need..” He put His finger to my lips.

Read on

14

Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our **confession**. 15 For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. 16 Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of **need**.

The Lord never exposes something without being able to heal it.

I had to repent. Not from working hard, but from working dumb.

Today- have been working hard but not getting ahead?

Today theres-Forgiveness and blessing, grace in a time of need

The greatest need we have is to receive Grace, Forgiveness, blessing
All 3 are free when we receive Jesus into our lives.