



SUNDAY+

THANKFUL LIPS - HARD HEART

JONAH 2

ANNOUNCEMENTS

mVALUES Membership Class - October 19th 11:30a-1p

- This 90min session is perfect for anyone who calls Mosaic home! You'll learn more about who we are, what our vision is, how we're structured, etc...plus we'll show you how to plug in through membership! Childcare is provided!

RELATIONAL CONNECT & CHECK-IN

- If you got swallowed up by a big fish, what one snack would you hope you had in your pocket?
- Name a time when you thought one way about something or someone and then changed your mind after experiencing it/them.

GROUP DISCUSSION

Read Jonah 2 as a group and share any immediate things that stick out to you.

1. Jonah thanks God for rescuing him, but he never confesses running from God's call. What does that reveal about the difference between **gratitude** and **repentance**?
2. Jonah knew how to "talk the talk" but didn't back it up with the way he lived. How do we sometimes use "religious" language to sound spiritual without actually surrendering? (v.9)
3. Compare Jonah's prayer to David's in Psalm 51. How do the two show different postures of the heart?
4. In what ways is Jonah's prayer more about his **comfort** than God's **calling**? What might that look like in our own prayers?
5. Can you think of a time when you prayed mainly for God to fix your circumstances, not to transform your character? What did God teach you through that?
6. How does God's patience with Jonah encourage us when our prayers are imperfect or self-centered?
7. Jonah's story forces us to ask: do we really want God's mercy for **everyone**? Who is hardest for you to imagine God showing mercy to...and why?
8. Why do you think it's so easy to resist repentance, even though it's the doorway to freedom?
9. If God's kindness is meant to lead us to repentance (Romans 2:4), how can we create rhythms that keep our hearts soft instead of hardened?

ACTION STEP

Sometime this week, take 15 quiet minutes. Ask the Holy Spirit to surface one hidden or hardened area (pride, anger, bitterness, judgment). Write it down. Pray Psalm 51:1-4 as your own. Share with a trusted friend and take one concrete step of obedience.

Lastly: How can we pray as a group for you as a group? Be honest...