

ANNOUNCEMENTS

Calling all Middle & High Schoolers - Join us for a day at Raging Rivers Waterpark on July 22nd. Reach out to youth@mosaichighland.com to register or for more info!

Food Pantry Collection Items for July - Brownie Mix...Canned Pasta...Boxed Cereal

RELATIONAL CONNECT & CHECK-IN

What's the nicest thing you've had someone inside the church (present or in the past) do for you?
What's the most hurtful thing someone in the church has done to you? (No names, please!)

GROUP DISCUSSION

Read Psalm 55 as a group. Share anything that immediately stands out to you.

1) David begins with prayer before he ever confronted Ahitophel. Why do you think that's significant? Look back at verses 1-8: What emotions do you hear in David's prayer? Which of those emotions have you experienced? What does this teach us about how God invites us to pray?

2) The sermon said, "Hurt is pain you didn't see coming." Do you agree with that definition? How does unexpected pain affect or shape us differently? What can church hurt often cut deeper than other hurts?

3) David doesn't sanitize his prayers before God. (See vs 15, 21-23). What's your tendency when you approach God? Do you feel like you have to clean yourself up before approaching Him in prayer? How does this Psalm challenge you in this area?

4) Read Romans 12:19 and compare it with Psalm 55. How can David pray for justice when the Bible calls us to also forgive? How do you reconcile the two in your mind?

5) Look at verse 22 again..."Cast your burden on the Lord..." What does this look like in every day life? What burdens are easiest to cast? Which ones are hardest to keep from reeling back in?

6) David's circumstances don't change...but his confidence in God sure seems to have by the end of this prayer. What do you think led to that change?

7) Read Hebrews 10:24-25. After being hurt in the church, the natural instinct is to leave. Why would God tell Believers not to abandon gathering together? What benefits are there to leaning into community, even when there's hurt and pain? How is God glorified through that?

8) David was hurt...but he wasn't innocent. He'd deeply hurt others in the church (See 2 Sam 11-12). When you think back over your mistakes, how does your heart change when it comes to forgiving and reconciling with others in the church?

ACTION STEP

This week, spend time praying through Psalm 55. Instead of editing your prayers, pray as honestly as David did. Then ask God to reveal one practical step toward healing...whether that's seeking reconciliation, releasing bitterness, or leaning back into biblical community.

Lastly: How can we pray as a group for you as a group? Be honest...