



UNTO THE LORD - 7 DAY FAST DAY 1

January 8th, 2023

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Good morning, dear friends. Today is day 1 as we have entered a very special time of consecration, humility and opening the door to a deeper, more intimate and powerful relationship with JESUS! Our desire is to possess hearts that are fully set apart Unto The Lord. We hunger and thirst for deeper intimacy, heart to heart union and a more powerful relationship with JESUS.

Bren and I are blessed that you have chosen to participate in "UNTO THE LORD" by setting aside 7 days to pray, fast and draw nearer to God. Fasting is not just an exercise for super-spiritual people. It is actually supposed to a part of every believer's personal and private spiritual life. Personally, we have found there is no better way to reset and recalibrate our spiritual compass, as well as bring about change and discipline in every area of our lives, than through fasting.

We pray that you will experience the presence and power of Jesus in an extraordinary way as you commit yourself to Him over the next 7 days. May God continue to bless you and ignite your passion for Him as you seek Him first.

Happy New Year 2023!

DAY 1**Scripture Reading: Matthew 6:1-34**

Fasting and prayer is a sacred trust and personal devotion of love unto the Lord. Remember how Jesus taught us in Matthew chapter 6 about giving, praying and fasting — these are not religious duties my friends — they are love languages!

Jesus emphasized this “secret place” of intimacy with our Father God — this is a place we have grown to treasure and a place where we hear the whispers and sometimes the thundering of His voice. This is where we learn to receive his love, mercy, grace, wisdom, council, revelation, power and so much more.

There are oceans of God’s heart to discover in that place of love with Holy Spirit, our Lord Jesus and our Heavenly Father!

Start your fast with joy and expectation of new and fresh revelations in the secret place of worship and in the Word of God every day. May the Scriptures come alive and sweep you off your feet again. Put your spiritual scuba gear on and go deep sea diving into His book of Love. Lift your hands today in worship and honor and tell Father God how much you love and value Him...let the tears flow down your face...regardless of circumstances and challenges...let your mouth be filled with joy and laughter...let your heart be filled with wonder and awe of JESUS!

FASTING: TUNING INTO HIS VOICE AND HEART**DAY 1**

Have you ever been searching for a radio station only to be frustrated by finding static rather than music? You then focus to fine tune the dial again, and suddenly you hear a clear signal. The fact is; the signal always existed on the airwaves; the only difference is that now you have adjusted your tuner to the right frequency.

In our hectic lives, there are so many “signals” bombarding our senses that it can become difficult to distinguish God’s voice from the deafening “static noise” and busyness of life. Fasting is a discipline that enables us to tune out the world’s distractions and tune our hearts into God.

As we fast and lay down our forks, we deny our flesh. When we deny our flesh, we become more in tune to the Holy Spirit as we turn our cravings to hear God’s voice more clearly. If you truly listen for God’s voice, you will hear it. When you hear it, it will build faith within you. If you desire to tune out the static of life and really tune into the voice of God, come to Him first and foremost with ears that are willing to listen and a heart that is ready to obey what he says. The more that we set our priority of being in His presence, the clearer and more recognizable His voice becomes.

**“My sheep hear My voice, and I know them, and they follow Me.”
— John 10:27**

In this time of fasting, what is your heart and mind tuned to? What distractions do you need to remove so that you can focus more deeply on God? Prepare your heart to hear His voice, and ask God to help you remove distractions that keep you from focusing on Him and hearing Him clearly. Our Father awakens the eyes of our hearts and our ears daily to hear His voice.

**“The Lord God has given Me The tongue of the learned, that I should know how to speak A word in season to him who is weary. He awakens me morning by morning, He awakens my ear to hear as the learned.”
— Isaiah 50:4**

**Make it a great day and be blessed!
Brian**