



DAY 4

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It is the beginning of August, and more than half of the year has passed. During this fast I believe God wants us to take time to realign and refocus our thoughts and hearts on His faithfulness.

Recently Pastor Brian shared on “Gods Faithfulness” in Psalm 37:3–5 (NKJV), “Trust in the Lord, and do good; dwell in the land, and feed on His faithfulness. Delight yourself also in the Lord, and He shall give you the desires of your heart. Commit your way to the Lord, trust also in Him, and He shall bring it to pass.” We see the word “trust” repeated in this scripture. Do you trust God?

Do you trust that God tells the truth? God has given us the Spirit of Truth. John 16:13 (NKJV) says, “When He, the Spirit of truth, has come, He will guide you into ALL truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come.”

Do you trust that God is able? Ephesians 3:20 (NKJV) says that, “Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us.”

Do you have a firm belief that He is reliable to do what He says He will do? 1 Thessalonians 5:24 (NKJV) says, “He who calls you is faithful, who also will do it.”

When we trust someone, we believe they can be responsible to look after someone or something of importance, with confidence. Hebrews 10:35 (NKJV) says, “Do not cast away your confidence, which has great reward.”

One day I came home from working a long shift. My son took me to the back of the house to show me where someone had broken the window possibly trying to break in. This was not an ordinary window. I live in a beach cottage about two miles from the ocean. It has old Florida style jalousie windows. I started to wonder where I was going to find some of these rare old windows. I thought of one place that I knew of, but it was many years ago and I wondered if it was even still there.

Exhausted, I said to the Lord, “Lord sure I could go see if that window place is still there. Sure, I could call around, but You know my situation. I do not have time or energy. But You are God and You are able, and I trust that You can do it.” With my purse still on my shoulder I was compelled to start pulling weeds. I kept pushing my purse back up on my shoulder and peaceably kept pulling weeds all the way down to the corner of the house. There were weeds under the edge of the house, but I usually just left those alone. However, there was this one weed that I couldn’t resist pulling. So, I got down on my hands and knees and reached for it and wouldn’t you know there was a pile of jalousie windows. The Holy Spirit was leading me the whole time. I praised God for once again showing Himself strong to me.

Second Chronicles 16:9 (NKJV) says, “The eyes of the Lord run to and fro throughout the earth, to show Himself strong on behalf of those whose heart is loyal to Him.”

Do you trust and believe that He will keep His promises? Abraham did. Romans 4:20–21 (NKJV) says, “He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, and being fully convinced that what He had promised He was also able to perform.”

Second Peter 1:4 (NKJV) says, “[it has] been given to us exceedingly great and precious promises, that through these we may be partakers of the divine nature...”

Second Corinthians 1:20 (NKJV) says, “For all the promises of God in Him are Yes, and in Him Amen, to the glory of God through us.”

If He said it, He will do it, through us.

Colossians 1:26–27 (NKJV) says, “The mystery that has been hidden from ages and generations, but now has been revealed to His saints. To them God willed to make known the riches of the glory of this mystery, among the gentiles (you and I), Christ in you, the hope of glory.”

Christ in us is the earnest expectation of His manifested presence.

Ephesians 1:3 (NKJV) says, “Blessed be the God and Father of our Lord Jesus Christ who has blessed us with every spiritual blessing in heavenly places in Christ.”

In John 14:20–21 (NKJV) Jesus said, “At that day you will know that am in My Father, and you in me, and I in you. He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him.”

Trust is a hope or expectation. Hebrews 10:23 (NKJV) says, “Let us hold fast the confession of our hope without wavering, for He who promised is faithful.”

When you enter a covenant, it is not a joint obligation. Each one must be individually obligated. Hebrews 13:20 (NKJV) says that His covenant is an everlasting covenant.

The Bible even tells us in 2 Timothy 2:13 (NKJV) that, “[even] if we are faithless, He remains faithful; He cannot deny Himself.”

What is our obligation? Romans 1:5 (NKJV) says that, “through Him we have received grace and apostleship for obedience to the faith among all nations for His name.” Our obligation is to be obedient to faith.

In Hebrews 11:6 (NKJV) it says, “without faith it is impossible to please Him.”

Great faith is great trust! Whatever you fear the most is where you trust God the least. We are to trust, believe and receive and stand on what grace has made available in the finished work of Christ. Grace makes; faith takes.

Second Corinthians 1 (NKJV) ends with, “By faith you stand.”

First Corinthians 3:11 (NKJV) says, “For no other foundation can anyone lay than that which is laid, which is Jesus Christ.”

Storms fall on the just and the unjust, it’s the foundation that makes the difference. Your foundation determines your outcome.

When I am struggling, I speak to my soul like the Psalms do.

Psalm 62:5–6 (NKJV) says, “My soul, wait silently for God alone, for my expectation is from Him. He only is my rock and my salvation; He is my defense; I shall not be moved.”

Psalm 43:5 (NKJV) says, “Why are you cast down, oh my soul? and why are you disquieted within me? Hope in God, for I shall yet praise Him, the help of my countenance, and my God.”

3 John 2 (NKJV) says, “Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.”

How does your soul prosper? Roman 12:2 (NKJV) tells us, “Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.”

Your mindset is yours to set. Renew your mind to what God says not the world or your situation. Are you setting your mind on things above and not on things on the earth, like it says in Colossians 3:2? When concrete is set it is established. Are you building on a firm foundation, the Rock or sinking sand?

The Bible tells us in 2 Thessalonians 3:3 (NKJV), “The Lord is faithful, who will establish you and guard you from the evil one.”

In Psalm 27:13–14 (NKJV) David said, “I would have lost heart, unless I had believed that I would see the goodness of the Lord in the land of the living. Wait on the Lord; be of good courage, and He shall strengthen your heart; wait, I say, on the Lord!”

What do you do in the waiting? Feed on His faithfulness. At the beginning of this devotion, I thought about how we can talk all day about us being faithful, but what about His faithfulness? I asked myself, how do I feed on His faithfulness, and then I was reminded of a few years back when I was leaving National Day of Prayer.

When I was walking to the parking lot I joined someone that I knew. She was telling me all about problems with her daughter, her health and many other things. She told me to keep her in my prayers. When she was finished, I looked at her and said, “Do you want everything to change immediately? If so, focus on His love for you and your family, and then everything will change.”

She responded with, “Oh, I love Jesus so much. I go to church all the time, I read my Bible, I worship Him.” I said, “No, no, focus not on your love for Him but His love for you.” Sadly, I could tell she dismissed me. What I was asking her to do was feed on His faithfulness not her own.

The theme of our fast is “feed” on His faithfulness. The Bible says through His promises we may “partake” of the divine nature. How do we feed, how do we partake in the natural sense, through our mouth? The Bible says in Proverbs 18:20–21 (NKJV), “A man’s stomach shall be satisfied from the fruit of his mouth; from the produce of his lips he shall be filled. Death and life are in the power of the tongue, those who love it will eat its fruit.”

Throughout this fast be filled by wielding the Sword of the Spirit speaking the Word of God, partaking and feeding. Don’t just feed but feast on His faithfulness for He has prepared a table before you.