

Today is day 15 of our 21 day fast,

And in your RC Fasting prayer handout today is talking about the Good News.

Day 15. Good News

We begin our third week of prayers for the Daniel Fast with a focus on the GOOD NEWS, the Gospel.

Do you ever wonder what your purpose is here on this earth?

Some of the last words of Jesus before ascension were to go.

Go where?

Go into all the world and preach the Gospel. The Gospel is simply the Good News that Jesus died, was buried and rose again to conquer hell and the grave.

He offers eternal life through faith in His Name! It is our responsibility; it was a command to all of us, to share this Good News with others.

Prayer and Declare

Dear Jesus, thank You for Your love that is everlasting, I cling to the promise that You will never leave me nor forsake me.

Fasting - Part 3

Pastor Shaun Rost

Help me today to be aware of those around me who do not know You, who may be in a desperate place in their lives and need to hear that God still cares.

In everything I do or say, may my light shine as a reflection of Your love and mercy so that someone can come to know You in spirit and in truth. My testimony is a great witness that You are alive and still performing miracles today.

I pray I can play a part in leading another to the foot of the cross that their life may forever be changed.

In Jesus Name, Amen.

So good, I encourage you to continue to read and declare these over your lives in the next 7 days of your fast.

In my first teaching on fasting I had given examples of people in the bible who had fasted, Moses before receiving the 10 commandments, Daniel as he was called to restore Gods people.

I also had mentioned Esther as she called a fast among the people to save her and truly save themselves, and her story has come alive to me.

I wanted to share the nuggets that I have pulled from her amazing story.

In the book of Esther 4:16 (NASB) it say's

“Go, gather all the Jews who are found in Susa, and FAST for me; do not eat or drink for three days, night or day. I and my attendants also will fast in the same way. And then I will go in to the king, which is not in accordance with the law; and if I perish, I perish.”

Esther called for prayer and fasting as she was seeking favor, wisdom, and protection for God’s people while they were in exile.

Now take note that it was after the fast is when she began to save her people by going to the king.

Esther 4:11

“All the king’s servants and the people of the king’s provinces know that for any man or woman who comes to the king in the inner courtyard, who is not summoned, he has only one law, that he be put to death, unless the king holds out to him the golden scepter so that he may live. And I have not been summoned to come to the king for these thirty days.”

I want you to imagine with me for a moment what Esther must have been thinking as she was entering the palace without first receiving a summons from the king.

The LAW was DEATH!

But GOD!

Something bigger than her own life compelled her.

Esther's story could have ended sadly.

She was an orphan, ripped from her Uncle Mordecai's care to compete with other women in becoming queen.

At her uncle's advice, she kept her Jewish heritage a secret, as she was in a hostile kingdom.

She'd lost her home, her identity, and her plans for the future.

Esther could have become bitter, allowing riches and her situation to blind her, and ultimately could have turned her back on her people and her God.

BUT SHE DID'NT

Sometimes everything around you will be screaming for your attention, but God doesn't compete.

He's a jealous God, but He's also a patient God

He will wait for you to choose Him.

If you plan on fulfilling the call of God on your life like Esther did, magnifying Him above all else is not merely an option.

Fasting - Part 3

Pastor Shaun Rost

Making God bigger in your focus is a daily choice you must be committed to.

In Andrew Wommack's book *"Discover the Keys to Staying Full of God"*, it says:

You need to get to a place where you can honestly say, **"God, You're more important to me than anyone or anything else."**

One of the reasons Esther was able to fulfill her purpose and protect her heart was because she glorified God.

God was bigger than her problem, she did not focus on all that she lost, she focused on all that God had given her.

She had position, power, authority, and Godly wisdom.

When her uncle Mordecai told Esther about the royal decree commanding all Jews to "be destroyed" (Esth. 3:9),

Mordecai, though, warned her essentially not to think herself above the decree of Death, just because she was queen.

Esther 4:14 For if you keep silent at this time, liberation and rescue will arise for the Jews from another place, and you and your father's house will perish.

And who knows whether you have not attained royalty for such a time as this?"

He then encouraged her to speak with the king, even if it meant losing her life, because what if

“thou art come to the kingdom for such a time as this?”

What if you are at your **“SUCH A TIME AS THIS”** in your life?

It was then Esther called the Jews to fast and pray with her before taking that risk.

You know sometimes I have to literally shut out what's going on in my life and force myself to focus on God.

I have to turn away from looking at the natural circumstances and choose to magnify and glorify God, no matter what I am facing.

And that's exactly what Esther was doing.

Like Esther, we need to choose to glorify God above everything else.

Esther and her people were facing death and she praised God in the midst of the storm!

Fasting - Part 3

Pastor Shaun Rost

As we come from the place of GLORY IN GOD, the storms don't look that big, because you are thinking bigger.....

When we come to a crossroad of what our flesh would prefer and what God wants us to do,

Gods glory changes our attitude.

Esther 4:16

“Go, gather all the Jews who are found in Susa, and fast for me; do not eat or drink for three days, night or day. I and my attendants also will fast in the same way. And then I will go in to the king, which is not in accordance with the law; and if I perish, I perish.”

We need to get to such a place in the Glory of God that our attitude is if we perish, we perish.....

Praise God!

When we lay down our lives for Him, He supernatulary restores us.

And because Esther was willing to stay full of God instead of herself, an entire race was saved.

You, too, were made for such a time as this!

As I was praying for the church (*which is you*) I saw the church building on fire complete engulfed in flames and everyone inside was on-fire but not

burning up we were the source of the fire and people were attracted to the fire!

I encourage you today, to think bigger, pray bigger, see bigger, set your eyes on the Lord and let Him show you the fire that burn's inside of you.

On Wednesday, **February 18, 2026** Revival City Church will be launching

“Negativity Fast, Positivity Feast”

Registration is officially open for Igniting Hope's annual Negativity Fast, Positivity Feast!

Together we will embark on **40 DAYS** of **Fasting Negativity and Feasting on Positivity!**

Come On this is so good!

I did this fast last year for the first time and it truly changed my perspective on daily thinking!

I truly encourage you to take part in this, and the great news it is totally free.

Go to **ignitinghope.com** and sign up

What You Get

- ✧ Daily audio messages from Steve Backlund
- ✧ Daily email with encouragement

Fasting - Part 3

Pastor Shaun Rost

- ✧ Four Live zoom calls with Steve Backlund and Connie Jones

What To Expect

- ✧ Increase in JOY, Happiness, and overall peace
- ✧ Radical breakthrough in your mindset
- ✧ Filled with renewed purpose, hope, and increasing clarity for the future.

Please I encourage you to dive in with Myself and Darlene as we **Fasting Negativity and Feasting on Positivity!**