

FAMILY PRIORITIES WORKSHEET

STEP ONE

Have each member pick out **5 FAMILY VALUES** you want you and your family to be known for.

You can choose from this list or create your own!

STEP TWO

Sit down as a family and come up with your whole family's top **3 FAMILY VALUES**.

STEP THREE

Have an **ICNU CONVERSATION** where you share with each family member some ways they live out your family values.

STEP FOUR

Complete the worksheet on the back of this sheet. Plan a time each week to come back to the worksheet to **REVIEW YOUR WEEK** based on your values.

**IF YOU DON'T
SET YOUR
PRIORITIES
SOMEONE
ELSE WILL.**

PARENT'S WORDS

accountability
achievement
balance home/work
bible study
church
commitment
compassion
competence
continuous learning
cooperation
courage
creativity
enthusiasm
efficiency
ethics
excellence
fairness
family
financial stability
friendships
future generations
health
honesty
humor/fun
independence
integrity
initiative
making a difference
open communication
openness
personal fulfillment
personal growth
prayer
respect
responsibility
risk-taking
self-discipline
spiritual growth
success
trust
wisdom

KID'S WORDS

doing what you say you will do
reaching your goals
balancing school and play time
reading the bible
church
working on what we believe in
being kind and understanding
being good at what you do
always learning
working well with other people
being brave
using your imagination
being excited and confident
making good use of time
doing the right thing
doing excellent work or sport
being fair
family
having enough money
having friends
caring about children of the future
keeping healthy
telling the truth
laughing and having fun
able to do things on your own
being honest and trustworthy
making decisions for yourself
making life better for others
talking openly and freely with others
telling others about your feelings
having a full and happy life
improving myself
talking to God in prayer
showing respect
being responsible
being brave to try something new
controlling my behavior
growing close to God
being successful
trusting others
being wise

WHAT'S YOUR FIRST FAMILY VALUE?

What is one thing we can do this week **as a family** to be like this value?

What's **something specific each family member can do** this week to be like each of your values?

WHAT'S YOUR SECOND FAMILY VALUE?

What is one thing we can do this week **as a family** to be like this value?

What's **something specific each family member can do** this week to be like each of your values?

WHAT'S YOUR THIRD FAMILY VALUE?

What is one thing we can do this week **as a family** to be like this value?

What's **something specific each family member can do** this week to be like each of your values?

WHAT'S **ONE BIG THING** YOU'D LIKE TO ACCOMPLISH AS A FAMILY OVER THE NEXT FEW MONTHS?

What's something we can **do this week** to get a little closer to accomplishing this one big goal?

SET SMART GOALS

Set goals that are both realistic but somewhat challenging each week.

Also, it should be easy to answer yes or no the following week when asking "did I accomplish my goal this week?"