

**Everyone, Everything, Everywhere, All the Time**

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Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses. 1 Timothy 6:12

I have fought the good fight, I have finished the race, I have kept the faith." 2 Timothy 4:7

**How's your "kung fu? How's your prayer discipline? Has prayer turned into a delight?**

**EVERYONE**

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—<sup>2</sup> for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. <sup>3</sup> This is good, and pleases God our Savior, <sup>4</sup> who wants all people to be saved and to come to a knowledge of the truth. 1 Timothy 2:1-4

**EVERYWHERE**

Therefore, I want the men everywhere to pray, lifting up holy hands without anger or disputing. 1 Timothy 2:8

**EVERYTHING**

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6 NIV

**ALL THE TIME**

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should. Ephesians 6:18-20 NIV

**P.R.A.Y.**

**Pursue** – God's Presence

**Release** – Sin, fears, wrong expectations, thoughts, unforgiveness

**Attack** – Challenge the problem with God's Word.

**Yay** – Celebrate and give thanks in faith.

**Let's Connect**

- What's one activity that fuels and energizes you to share it with everyone, even to the place of going anywhere to do it all the time??

**Let's Talk About It**

Following Christ takes a fight. But it's a good fight. The fight is worth it. One of the most effective ways we fight is in prayer. Prayer is a discipline we should aspire to engage in with everyone, everywhere, anywhere, and all the time. In prayer, we seek God's presence, release sin and the things holding us back, attack the problem with God's Word, and celebrate God's work in our lives.

1 Timothy 6:12; 1 Timothy 2:1-8; 2 Timothy 4:7; Philippians 4:6; Eph 6:18-20

- Which part of the message impacted and challenged you?
- Read 1 Timothy 2:1-4. How's your prayer "kung fu?" Is prayer a drag, discipline or delight?
- Read Ephesians 6:18-20. Prayer is a consistent conversation. "Me talking to God, and God talking to me." What are you talking to God about? What is God speaking to you about?
- Who are you talking to God about and for? Who are you fighting in prayer for? At the end of your group, take some time to pray for those mentioned.
- Which part of P.R.A.Y. do you find the easiest or the most difficult to do? Why?

**Take a Step**

- Set aside 5 minutes every day this week to pray.

**Here's My Prayer**

Father, thank You for being an approachable God to whom I can pray. Help me to grow in this discipline of prayer until it becomes a delight. I want to know You in a greater way. In Jesus' name, amen.