Strengthen Your Foundations

Gregg Brenes

Your life on the inside is the foundation for your life on the outside.

The promises of God are protected by problems.

"See, the Lord your God has given you the land. Go up and take possession of it as the Lord, the God of your ancestors, told you. Do not be afraid; do not be discouraged." Deuteronomy 1:21

They gave Moses this account: "We went into the land to which you sent us, and it does flow with milk and honey! Here is its fruit." But the people who live there are powerful, and the cities are fortified and very large. Numbers 13:27-28

Instead of focusing on the God who made the promise, they focused on the obstacles.

But the men who had gone up with him said, "We can't attack those people; they are stronger than we are." ³² And they spread among the Israelites a bad report about the land... They said, "The land we explored devours those living in it. All the people we saw there are of great size. ... We seemed like grasshoppers in our own eyes, and we looked the same to them." Numbers 13:31-33

The fight was an essential part of taking possession of the land.

Then Caleb silenced the people before Moses and said, "We should go up and take possession of the land, for we can certainly do it." Numbers 13:30

- God has a plan.
- Nothing can thwart God's plan.
- God always provides for His plan.

Focus on the greatness of God and His Word, rather than the greatness of the obstacles and giants that need to be overcome.

"Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. 8 Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. ⁹ Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go." Joshua 1:7-9



Discipleship Guide

July 26 -August 1

Let's Connect

Would you consider yourself an optimist or a pessimist?

Let's Talk About It

Your life on the inside will be the foundation for your life on the outside. When twelve men went to look at the Promised Land, they all saw the same thing but had two different reactions. Two saw the promise while ten focused on the problems. The promises of God are always protected by problems. But you can be sure that God has a plan, nothing can thwart God's plan and God always provides for His plan. To strengthen your foundation, focus on the greatness of God and His Word, rather than the giants that need to be overcome.

Isaiah 54:2-3; Exodus 13:17-18; Ephesians 4:16; Deuteronomy 1:21-27; Numbers 13:26-33: Joshua 1:7-9

- Which part of the message made an impact, caught your attention or challenged you?
- Read Isaiah 54:2-3. Why is a strong foundation in Christ essential to living a victorious Christian life? How have you seen a correlation between the strength of your foundation and your faith?
- Read Exodus 13:17-18 and Numbers 13:27-33. What are some "giants" you're currently facing? How would shifting your focus from the problems to the greatness of God give you the courage to use your faith and fight?
- Why do you think God's promises are often protected by problems? How have you seen the "fight" build something in you that is of greater value than if you'd been given your promise without a fight?
- Read Joshua 1:7-9. Where do you need to strengthen your foundations in God? How would spending time every day reading and meditating on scripture build your faith, give you courage and strengthen your foundation?

Take a Step

- Where do you need to strengthen your foundation? What step can you take?
- SOAP reading: Day 1: Psalm 10, Luke 1; Day 2: Psalm 28, Luke 2; Day 3: Psalm 47, Luke 3; Day 4: Psalm 60, Luke 4; Day 5: Psalm 117, Luke 5; Day 6: Psalm 135, Luke 6; **Day 7:** Psalm 146, Luke 7

Here's My Prayer

- Lord, you are great. Enlarge my faith and strengthen my foundations to believe you for bigger things and not become so fixated on the problems.
- Heavenly Father, thank you for miraculously bringing us to The Willows property. Please increase our faith and courage as we focus on you and move forward together in the process of taking possession of *The Willows*.