

# Talk it Over: Spring Cleaning, May 6<sup>th</sup> & 7<sup>th</sup> 2023

#### **Key Scriptures**

Psalm 119:9 Matthew 5:27-29 James 1:14-15 1 Corinthians 6:8

### **Key Thoughts**

As Jesus followers, we must take God's word seriously.

Lust is a human being issue.

#### **Start Thinking**

How has our culture changed related to sex and lust over your lifetime?

### **Start Talking**

What has spoken to you from this message series?

## **Start Sharing**

- 1. Read Psalm 139:23-24. Is this a prayer that you would be comfortable praying? If not, what is getting in the way?
- 2. Read James 1:14-15. What is the danger in temptation? Have you seen an example of temptation giving birth to sin which leads to death? Talk about this.
- 3. In order to heal from lust, we must protect the wound. One way we do this is to confess our sins to one another and pray for each other (James 5:16). Think of a time when you've done this. What was the result? If never have done this, what is holding you back? Who could you try this with this week?

- 4. Pastor Troy spoke of going on the offensive by pursuing God. What does that currently look like in your life? Is your pursuit strengthening you in the way that you need?
- 5. God has a purpose for each of us, some things he wants us to step into with Him right now. When in your week do you currently feel as if you're fulfilling your purpose? What does that produce in your life?
- 6. Our love for God is best demonstrated and authenticated by our love for others (John 13:34-35). How can you take your eyes off temptations this week and refocus them onto loving someone else? Who in your life needs your love right now? What would it look like to do that well?

### **Start Praying**

Jesus, we love you. Thank you for creating us to be in intimate relationship with you. You invite us to be fully known and perfectly loved by you. Please heal us from lust and strengthen us to resist temptation. Let us confess our sins to you, Jesus. Help us to go on the offensive and to pursue you and your call on our lives. Thank you for showing us that love is patient and kind and is never self-serving. Your death on the cross was the perfect picture of this love. Help us to love ourselves and others with your love. In Jesus name, Amen.

# Start Doing

What is one step you can take this week to go on the offensive and pursue God more fully?