

Talk it Over: Don't **April 29 & 30, 2023**

Key Scriptures

John 3:17

John 4

Hebrews 12:2

Key Thoughts

God would say "Shame off you" for He never intended for us to experience shame.

Start Thinking

Can you imagine life in the garden of Eden? What would your life be like if it was shame-free?

Start Talking

What stood out to you from this message?

Start Sharing

1. Explain the relationship and distinction between guilt and shame and the connection to behavior and identity?

2. Read John 4 together. What can we learn about God and his character from the way Jesus engaged the Samaritan woman?

3. How can we be like Jesus in behavior, words, and grace as we interact with others? What thoughts would we need to think to live this out?

4. Have you ever had a cloud of shame that made you feel unworthy? What would Jesus say about that? (Hebrews 12:2, John 3:17, Ephesians 2:10).

5. Photini's life was forever changed in Jesus's upside-down way when she met him at the well. Like He did for the Samaritan woman, how might God want to rewrite your story?

7. How would separating sinful behaviors and identity in our minds help us to love others like Jesus did? Who in your life do you need to apply this to today?

Start Praying

Lord, you didn't come to condemn us but to save us. When you died on the cross, you nailed shame to it once and for all. Help us to come to you in full truth sharing all that we need to with you so that we can live the shame-free life you invite us into. Thank you for who you are. Help us to turn our focus to you Jesus. To think about who you are and what you've done. We want you to rewrite our stories so that we can live loving you and others in the ways you planned for us. In Jesus name, Amen.

Start Doing

We are reminded by our Pastors that we need see it (the sin), say it (repent to God) and leave it (nail it to the cross).

1. What do you need to call out in your own life today?

2. What is one strategy that you could use to turn the focus from who you are and what you've done to who Jesus is and what he has done for you?