

Talk it Over: Miracles, Week 2

April 18-20, 2020

Looking back at the message this weekend, what was the key thought for you?

Key Scripture

“We have this hope as an anchor for the soul, firm & secure” Hebrews 6:19

Other Scriptures

Psalm 77:13-14, Hebrews 13:8, Mark 4:35-38, Matthew 8:26-27, Exodus 33:14, Psalm 16:11, Psalm 23, Psalm 22:3, 2 Chronicles 20:22-23, Psalm 91:1-4, Matthew 7:24-25, James 1:2-4

Key Thoughts

3 Types of Storms:

- Physical Storms
- Emotional Storms
- Spiritual Storms

3 Ways to Anchor your Soul in the midst of the storms

- Cultivate God's Presence. Peace isn't found in the absence of trouble...Peace is found in the presence of God.
- Remember God's Promises Don't let your circumstances speak louder than God's Word.
- Understand God's Process.

Start Talking:

Checking in with one another is more important now than ever. Ask how everyone is doing (emotionally, physically, and spiritually). What are some of the prevailing emotions people have been feeling this week?

If you're working through this questionnaire as an individual, ask yourself these questions. Journal a couple of thoughts. Now think about a person you could call and ask (as well as share).

Looking back at this week's message, what was the key thought you took away from it?

Start Thinking:

Pastor Troy talked about how physical storms can often turn into emotional storms which often turn into spiritual storms. Which types of storms are you currently experiencing?

Pastor Troy talked about his hope that when we are on the other end of this storm he will be able to look back and be proud of how he responded during these difficult times... What could you do now that would make you proud of how you responded when you look back at this time later in your life? But also, what does it look like to live in a way now that we can be proud of later, while also not putting pressure on ourselves and having grace for ourselves in this difficult moment?

Start Sharing:

In God's presence we find peace, provision, comfort, protection, restoration, fullness of joy, etc. Pastor Troy talked about praise being one way that we can cultivate God's presence. What are some other ways we can cultivate His presence?

Are there certain promises from God that you have been anchoring yourself to lately?

In the Matthew account of Jesus calming the storm, Jesus spoke to the disciples before speaking to the storm. Since we are in the midst of a storm, if you imagine yourself in that boat with Jesus, what do you believe He would say to you in this moment?

What work do you think God may be seeking to do in you through this time? What might He be trying to teach you or develop in you? Or what might He be seeking to rid you of?

Start Praying:

Pray that people would experience the presence of God with them in this storm, that He would quiet the storms within us, and that God would do the refining work in us,



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transforming us into greater Christ likeness through these trials.

Start Doing:

Make a point to spend time worshiping and praising God this week. Praise God in the midst of the battle, especially in the harder moments.

Spend time this week asking the Lord what work He is seeking to do in you through this time. Invite him to do that refining, maturing work in you and then step into it with Him.