



Helping Hands

Learning how Spiritual Strength can help heal broken spirits

Galatians 6:1-6

*"1 Brothers, if **anyone is caught** in any transgression, **you who are spiritual** should **restore him in a spirit of gentleness**. Keep watch on yourself, lest you too be tempted. 2 Bear one another's burdens, and so fulfill the law of Christ. 3 For if anyone thinks he is something, when he is nothing, he deceives himself. 4 But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. 5 For each will have to bear his own load. 6 Let the one who is taught the word share all good things with the one who teaches."*

1. What is a broken _____? Luke 7:36-50

- One who is caught up in any _____

- Simon Peter was not overwhelmed with God's _____

_____, because he did not see what needed to be forgiven.

2. Who can _____ a broken spirit?

- _____ who are spiritual

"...you who are spiritual should restore him" (Gal 6:1)

- The _____

"He heals the brokenhearted and binds up their wounds." (Ps 147:3)

3. How can we help heal a broken spirit?

- With a _____ of gentleness

faithfulness - Loyalty, allegiance fidelity, adherence (Glue)

gentleness - Caring while maintaining humility (Think of the gentleness the woman portrayed to Jesus)

- By _____ one another's burdens

- By _____ the Law of Christ

"A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another." (John 13:34)

4. How do we avoid an " _____ " attitude? vv 3-6

- _____ about Christ and not about yourself.

"But far be it from me to boast except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world." (Gal 6 14)

- _____ yourself

- Carry your own _____ well.

"He gives power to the faint, and to him who has no might he increases strength. (Isaiah 40:29)