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Why does this happen?

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1.) Spiritual Apathy

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None of us are perfect
and we don't have to be perfect

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Sin separates you from God

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When we're dead to our sins,
we can't feel our sin.

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Proverbs 28:13

Whoever conceals their sins does not prosper,
but the one who confesses and renounces them finds
mercy.

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1 John 1:9

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

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2.) Spiritual Winters

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Job 30:20-23

“I cry out to you, God, but you do not answer; I stand up, but you merely look at me. You turn on me ruthlessly; with the might of your hand you attack me. You snatch me up and drive me before the wind; you toss me about in the storm. I know you will bring me down to death, to the place appointed for all the living.

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2.) Spiritual Winters

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Eventually, we need more than spiritual “milk.”

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A "spiritual winter" is a time
when your faith is challenged.

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Jesus is our foundation

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Psalm 42:1-4

As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God. When can I go and meet with God? My tears have been my food day and night, while people say to me all day long, “Where is your God?” These things I remember as I pour out my soul: how I used to go to the house of God under the protection of the Mighty One with shouts of joy and praise among the festive throng.

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3.) Spiritual Time Mismanagement

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Our time is limited

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Ecclesiastes 3:1-4

There is a time for everything, and a season for every activity under the heavens: a time to be born and a time to die, a time to plant and a time to uproot, a time to kill and a time to heal, a time to tear down and a time to build, a time to weep and a time to laugh, a time to mourn and a time to dance,

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Matthew 6:21

For where your treasure is, there your heart will be also.

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Where your time is, there your heart will be also.

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Psalm 90:12

“Teach us to number our days that we may gain a heart of wisdom.”

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The numbness goes away

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