



**FORSAKE ANGER AND FORGIVE ALL  
FOR SALVATION'S SAKE**

**EPHESIANS 4:26-5:1**

# Ephesians 4:26-5:1 (ESV)

25 Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.

26 Be angry and do not sin; do not let the sun go down on your anger,

27 and give no opportunity to the devil.

28 Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.

## **Ephesians 4:26-5:1 (ESV)**

29 Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.

30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.

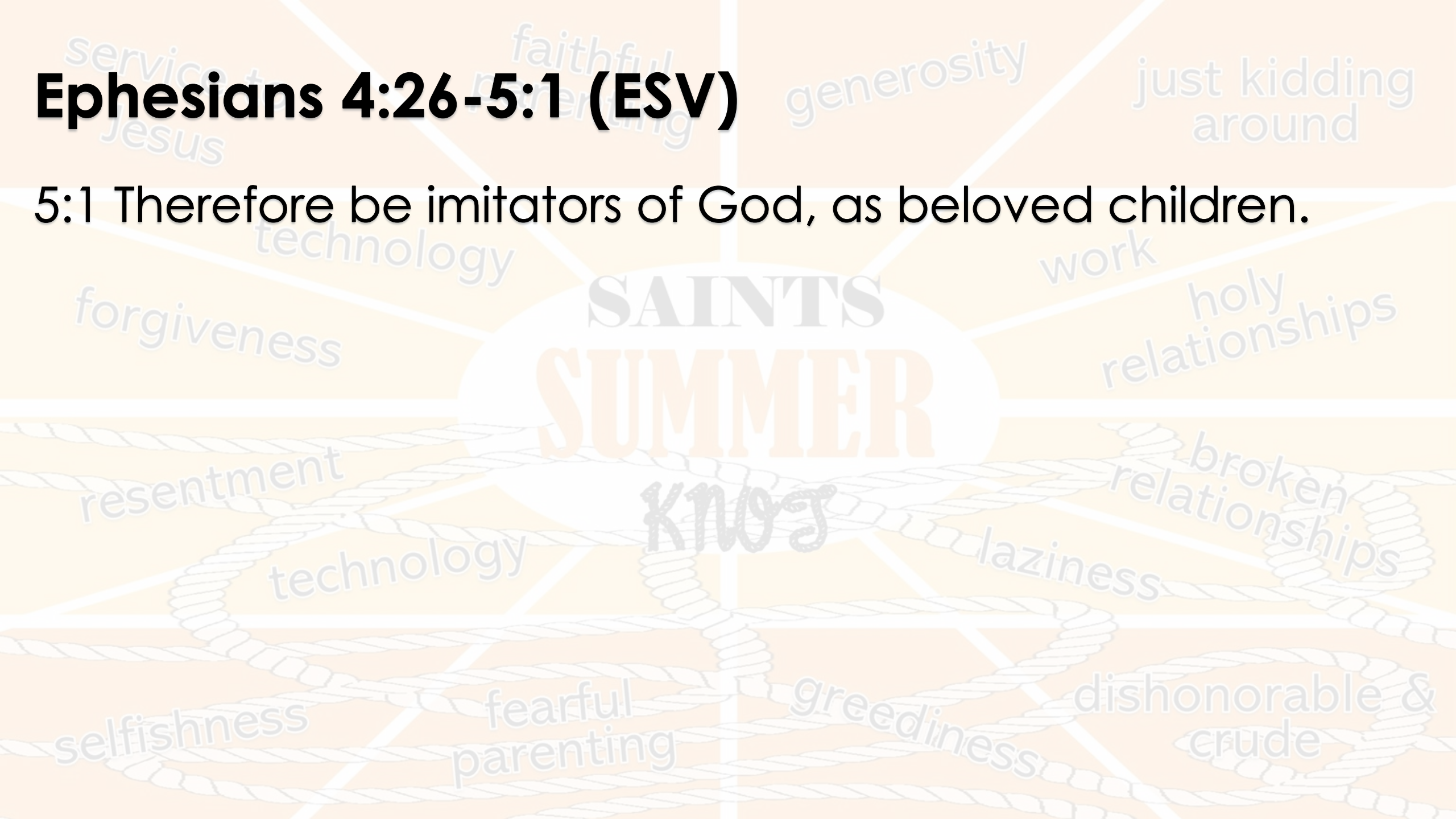
32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

# Ephesians 4:26-5:1 (ESV)

5:1 Therefore be imitators of God, as beloved children.

SAINTS  
SUMMER

KNOW



# 1. Forsake unrighteous anger. (v. 16 & 31)

A. There is an anger that is righteous. (v. 26)

i. Righteous anger is for other's justice and God's glory.

ii. " " is filled with love and grace.

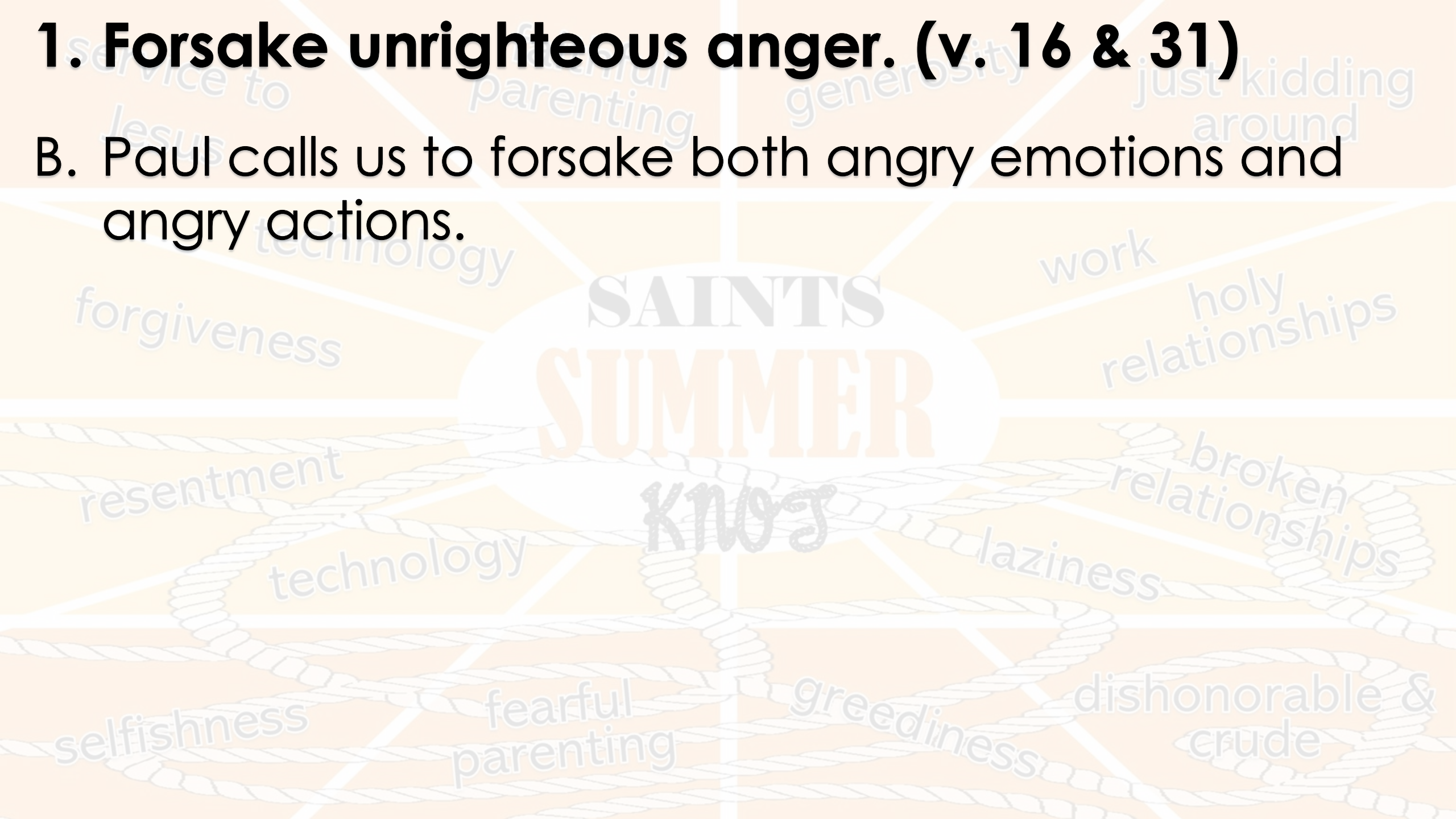
iii. " " has at its heart the spreading of justice and mercy in humility.

iv. " " never causes us to lose control of ourselves.

v. " " has an expiration date, a cooling point.

# 1. Forsake unrighteous anger. (v. 16 & 31)

B. Paul calls us to forsake both angry emotions and angry actions.



## 2. Forgive all. (v. 32)

A. Sometimes an offense is only perceived.

B. Sometimes an offense was never unintended.

C. All the time we need to be like Jesus and forgive no matter what.

D. We cannot truly worship God if we do not first forgive others. (Matthew 5:21-24)

### **3. Receive and give forgiveness for the sake of salvation. (v. 4:32-5:1)**

A. Forgiveness is at the heart of the gospel.

B. Forgiveness is essential to your salvation.

C. Forgiveness is essential to the salvation of others.

D. To forgive others is a simple commandment. It is not an easy task, but it is essential for revival.