Runners, Take Your Mark 2 Timothy 1:1-7 & 4:1-8

Five pieces of biblical advice for graduates

Remember the faith that has been kindled in you and let it shine out. (1:1-6)

2. Recognize that the world doesn't share your values, so stand firm with Jesus. (4:1-5)

3. Rally when you fall and keep running to the finish line. (4:6-7)

4. Relish the truth that there is an award after the finish. (4:8)

Relax. Jesus has got this, and He's got you. (1:7)