

## November 26

**Romans 8:38-39 (NIV)** <sup>38</sup>For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, <sup>39</sup>neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

I was dealing with a few health issues that made it very difficult to sleep. After several nights like that, Carol and I prayed to the Lord for a good night's sleep as I once again prepared for bed. The night began well, but the issues arose once again, and sleep come in short bursts. As I lay there, I knew the Lord had heard my prayers, but the problem remained. I remembered His word that we are to give thanks, but I did not feel very thankful. However, I knew we were to thank Him in all situations, so I began to thank Him. As I did, I thanked Him for His love. When I did, I stopped because that simple act changed my perspective.

We may be faced with times when we find thanking the Lord difficult because the situation around is so difficult. The difficulties are foremost in our minds which can make praising and thanking the Lord somewhat challenging. However, when I thanked Him for His love, I remembered Paul's words. Nothing can separate us from His love. No problem, no struggle, no doubt, no power, no person – nothing can separate us from His love. As that truth penetrated my heart and mind, I began to tell Him how much I loved Him. As I did so, another truth came to light. No matter what the situation, no matter how difficult it may be, no matter how much we struggle, and no matter how many times we doubt, God's love for us will never change, and that is always reason to praise and thank Him. Therefore, since nothing can separate us from His love, nothing can separate us from our giving Him thanks.