Paramount, CA



Nov 7, 2021 (562) 531-6820

connecting people to Jesus, people, and God's mission

### Please keep the following people & their families in daily prayer...

RICHARD GRIFFIN: Issues with blood flow and circulation to legs & feet KATHY MATHEWS: Severe foot infection and kidney failure/diabetes GREG ENGLE: Inclusion Body Myositis SHEILA IANTORNO: Lupus, Breast Cancer TROY KUBINSKI: Muscular Dystrophy VANCE RICHARDS: Continue healing from stroke LILLIAN & WESLEY MICHAELS: Overall Health GAY WALKER: Lung cancer TANYA COLLIS: severe pain 24 hrs/day CHARRON GAYDEN: Mental Health JADEN MALDONADO: (child) Congenital cytomegalovirus TANYA MCKOWN: Lupus, Health issues

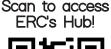
EMMA ROMERO (Teen): Seizures BERTHA MARTINES: Stroke/ complete healing FRANCES HOLTON: Full recovery of knees

Wishing a Happy Birthday to our 90+ year old Emmanuelites. Birthday cards are welcome!! 94th Birthday for Grama Liz Rittermal on November 9th.

Partner-in-Mission Meeting at 7:30pm on November 7th, 2021 in the Worship Center



English: 9am 10:30am 12pm 6pm | Spanish: 10:30am 12pm | Nepalese: 9:30am (activity center) (blue building) (sanctuary)





2nd Offerings 11/7 Paramount Care Foundation | 11/21 Vision Scan to give!

# Weekly Offering

YTD Offering: \$2,502,642.52 YTD Budget: \$2,160,000.00

Last Week's Offering: \$38,299.38 2021 Weekly Budget: \$54,000.00



@erclosangeles | FB: @ERCParamount | YT: @ERCVideol

## There is a correlation between "Peace & Proximity" to God

Scripture: Philippians 4:1-9

### Main Point:

There is a Correlation between "Peace &Proximity"

Don't be anxious (Philippians 4:5-7)



'Anxious' -  $\mu\epsilon\rho\mu\nu\alpha\omega$  - (mer-im-nah'-o): a part, as opposed to a whole; drawn in opposite directions; divided into parts; to go to pieces; pulled apart

- Biblical example - Mary & Martha (Luke 10)

Verses 8-9 talk about combatting anxiety with your thought life (Philippians 4:8-9)

- Give yourself time to actually learn to do this, then come talk to me - While there are <u>some of us</u> who need medicine and therapy, this Biblical approach to handling our anxiety and experiencing peace can be applied to <u>all of us</u>.

Those verses tell me what to do but why shouldn't I be anxious? (Phi 4:5-7)

#### The Lord is near!

'Since the group of around 40 dads started spending time at the school in shifts, not a single violent incident has been recorded. "I immediately felt a form of safety", one student said. "We stopped fighting - people started going to class" - Quote taken from independent.co.uk from "Dad's On Duty"

The Lord is near means:

- 1. Jesus is coming again
- 2. The Spirit of God literally lives inside the Christian

Great news... not only is the Lord near... he also knows what you need! (Mt 6:25-34)

What is God telling me to do? (Philippians 4:5-7)

What will happen if I pray and give thanks? (Philippians 4:5-7)

#### **Reflection Questions**

1 - Is what you're worrying about worth worrying about? When you look at with eternity in mind, how important is it?

2- There is a correlation between "peace" and our "proximity to God". What are things you can do to remind yourself "the Lord is near"?