

TODAY'S VIDEO:
youtu.be/4EzuHhvBF-k



Day 1 | We Embody The Image Of God

Our bodies are good, beautiful, and an essential part of who we are, because we are created in the image of God. Our biological sex, which God determines at birth, is part of how we embody the image of God. Biological sex is not determined by our internal sense of self.

ENGAGE:

How does the statement above challenge what culture tells us today?

Read Genesis 1:27 and 1 Corinthians 6:15,19-20, and reflect on how God has designed humanity and wants you to honor him with your body.



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youtu.be/3JSP9wXvVns



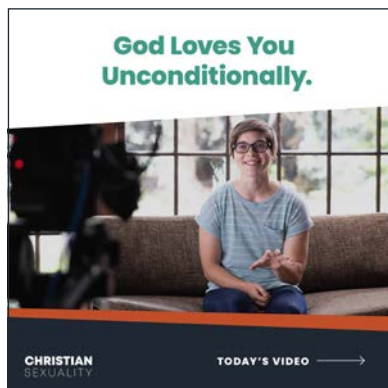
Day 2 | Your Value Is In God

Some of you might be wrestling with your identity. God loves you and values you. You don't need to conform to someone else's stereotypes of what it means to be female or male.

ENGAGE:

Have you wrestled with your gender identity? If so, please consider telling a trusted leader, family member, or friend who can help you navigate these experiences.

If you have a friend or family member who wrestles with their gender or identifies as trans, remember that they are just as human as you are and may need someone like you to love and stick up for them.*



TODAY'S VIDEO:
youtu.be/jBpqpgsN3Wk



Day 3 | God Loves You Unconditionally

As you listen to this testimony, remember that you are a child of God, an image bearer of Christ, who created you and loves you unconditionally regardless of how you feel about yourself.

ENGAGE:

Take time today to pray and ask the Lord to show you how he views you in his eyes.