### Encounter Church Sunday April 21, 2024

### Becoming a Healthy You You're Valuable

<u>Self-esteem</u>- my perception of my worth!

#### God doesn't want his children to assign themselves a worth of "0"!

Self esteem can be a good and healthy thing! What we have to consider is our source of Self-esteem.

BUILD YOUR SELF-ESTEEM GOD'S WAY! HOW? REMEMBER:

#### 1. God created you in his image.

<u>Genesis 1:26-27</u>- "Then God said, "Let us make human beings in our image, to be like us. They will reign over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground." So God created human beings in his own image. In the image of God he created them; male and female he created them."

#### "I am somebody because God don't make no junk!"

#### You and I were created in His image, for His image to be seen on this earth!

<u>Psalms 139:13-14</u>- "For You formed my innermost parts; You knit me [together] in my mother's womb.I will give thanks and praise to You, for I am fearfully and wonderfully made; Wonderful are Your works, And my soul knows it very well."

IN CASE YOU'RE WONDERING IF GOD IS STILL THINKING ABOUT YOU.

<u>PSALMS 139:17-18</u>- "How precious are your thoughts about me, O God.They cannot be numbered! I can't even count them; they outnumber the grains of sand! And when I wake up, you are still with me!"

THAT WILL BUILD YOUR SELF-ESTEEM GOD'S WAY!

#### 2. God's love for you is unconditional.

LET US BE REMINDED

Romans 3:23- "for we all have sinned and are in need of the glory of God."

### The wages for our sin, DEATH! There was nothing we could do about it! BUT!

<u>Romans 5:6</u>- "When we were utterly helpless, Christ came at just the right time and died for us sinners."

<u>Romans 5:8</u>- "But God showed his great love for us by sending Christ to die for us while we were still sinners."

HERE'S WHAT'S SO INCREDIBLE ABOUT GOD'S LOVE FOR YOU!

<u>Romans 8:38-39</u>- "And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord."

# To be loved unconditionally by one who knows every single rotten, evil thing about you indicates your intrinsic worth!

#### God created you in his image and he loves you unconditionally!

THAT WILL BUILD YOUR SELF-ESTEEM GOD'S WAY!

#### 3. Your worth? The price Christ paid on the cross.

<u>1 Corinthians 6:19-20</u>- "Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body."

<u>1 Corinthians 7:23</u>- "Since a great price was paid for your redemption, stop having the mind-set of a slave."

<u>1 Peter 1:18-19</u>- "For you know that God paid a ransom to save you from the empty life you inherited from your ancestors. And it was not paid with mere gold or silver, which lose their value. It was the precious blood of Christ, the sinless, spotless Lamb of God."

<u>Acts 20:28</u>- ""Now it's up to you. Be on your toes—both for yourselves and your congregation of sheep. The Holy Spirit has put you in charge of these people—God's people they are—to guard and protect them. <u>God himself thought they were worth dying for.</u>"

#### I don't know if anyone has told you this lately, but you are worth dying for!

Have you ever heard someone say "I'd just die to have that."

Well, God looks at you and says, "I did die for you!"

## It's the value God sees in you apart from your performance! He loves you unconditionally and died for you just because of who you are!

## God created you in his image and he loves you unconditionally and He paid a great price for you, His sons blood, poured out on the cross!

CONCLUSION: Passover, a Jewish festival, begins sundown Monday April 22nd and ends at nightfall Tuesday April 30, 2024

Passover is an 8-day festival celebrating the Israelites' Exodus from Egyptian slavery.

Passover celebrates God passing over the Jewish homes during the final plague against the Egyptians, the killing of the first-born. God passed over; hence we celebrate Passover.

<u>Exodus 12:13</u>- "But the blood on your doorposts will serve as a sign, marking the houses where you are staying. When I see the blood, I will pass over you. This plague of death will not touch you when I strike the land of Egypt."

WHAT DID PAUL SAY ABOUT JESUS?

1 Corinthians 5:7- "...For indeed Christ, our Passover, was sacrificed for us."

COMMUNION - 1 Corinthians 11:23-26 (Read from Bible)

When you remember the death of Jesus Christ you remember how valuable you are to Him! Your worth!