

Encounter Church
Sunday January 21, 2024

Sit and Serve
Sit and be Healed

INTRODUCTION: Last week we talked about “Have a Seat.” We are seated with Jesus Christ in Heavenly Places. Our declaration. I am chosen! I am adopted! I am accepted! I am forgiven!

(John 21 Overview)

John 21:12-13- “Now come and have some breakfast!” Jesus said. None of the disciples dared to ask him, “Who are you?” They knew it was the Lord. Then Jesus served them the bread and the fish.”

Jesus had no problem with the disciples sitting and him serving them! In fact it isn't the first time.

John 13:3-5- “Jesus knew that the Father had given him authority over everything and that he had come from God and would return to God. So he got up from the table, took off his robe, wrapped a towel around his waist, and poured water into a basin. Then he began to wash the disciples' feet, drying them with the towel he had around him.”

The disciples are sitting and Jesus is serving. WHAT AN EXAMPLE!

John 13:14-15- “And since I, your Lord and Teacher, have washed your feet, you ought to wash each other's feet. I have given you an example to follow. Do as I have done to you.”

NOTICE JESUS MOTIVATION- ***He didn't wash their feet so they would in turn wash his feet! He didn't serve to be served!***

[Jesus wants the true meaning of servanthood to be understood!](#)

THEY HAD A SEAT AND JESUS SERVED!

BACK TO OUR MAIN TEXT- LET ME ADD THE FOLLOWING SCRIPTURE.

John 21:9- “When they got there, they found breakfast waiting for them—fish cooking over a charcoal fire, and some bread.”

So Peter and six of the other disciples are sitting around a fire with Jesus eating fish and bread that Jesus prepared for them and I can imagine they're all talking about this incredible catch of fish!

Wow did you see the size of those fish! 153 in all! Jesus you can go fishing with us anytime! Wow, the other disciples aren't going to believe this!

BUT PETER- What was he thinking in the back of his mind as they sat around the fire talking? Knowing he warmed himself by a fire when he denied Jesus three times!

Are we going to talk about the elephant on the beach?

Finally Jesus turns to Peter and looks at him in the eyes.

John 21:15-17- "After breakfast Jesus asked Simon Peter, "Simon son of John, do you love me more than these?" "Yes, Lord," Peter replied, "you know I love you." "Then feed my lambs," Jesus told him. Jesus repeated the question: "Simon son of John, do you love me?" "Yes, Lord," Peter said, "you know I love you." "Then take care of my sheep," Jesus said. A third time he asked him, "Simon son of John, do you love me?" Peter was hurt that Jesus asked the question a third time. He said, "Lord, you know everything. You know that I love you." Jesus said, "Then feed my sheep."

"No no, Jesus, not in front of these guys! " "Peter, you denied me in front of people, I'm going to restore you in front of people!"

"Peter you embarrassed yourself before these guys, I'm going to restore you before them!"

Mark 14:29-31- "Peter said to him, "Even if everyone else deserts you, I never will." Jesus replied, "I tell you the truth, Peter—this very night, before the rooster crows twice, you will deny three times that you even know me." "No!" Peter declared emphatically. "Even if I have to die with you, I will never deny you!" And all the others vowed the same."

That day on that sandy sea shore Jesus is opening the wound! The third time was the physicians deepest incision into the wound when Jesus ask again "do you love me!"

It was three times Peter denied Jesus now it's three times Jesus ask Peter "Do you love me."

JESUS WAS ON A MISSION! He wasn't there to judge, condemn, bring shame or say ***"I told you so Peter.!"***

Jesus wasn't there to harass Peter he was there to heal Peter.

He wasn't there to condemn Peter he was there to care for Peter!

Because of Peter's failures had to be emotional wounds and Jesus is there to do surgery and bring healing.

Jeremiah 30:17- "I will give you back your health and heal your wounds," says the Lord."

SIGNS OF EMOTIONAL WOUNDS:

Avoidance behaviors- Struggles with forming and maintaining intimate relationships due to fear of emotional harm, rejection, or vulnerability. Staying away from places, events, or people that are reminders of the traumatic experience;

Feeling sad or hopeless- Feeling like you are broken beyond repair. You will blame yourself and feel stupid for being hurt so much.

Anxiety- depression, anger, guilt, and shame.

Withdrawing from others- Feeling sad or hopeless. Feeling disconnected or numb. Difficulty in trusting others or forming new relationships;

Easily annoyed by others- You get annoyed easily by people's behaviors.

Shame- Guilt, shame, self-blame.

Feeling stuck- You feel clueless and stuck. ... Emotional wounds can also make you feel so confused and lost.

HOW TO EXPERIENCE HEALTH AND HEALING OF YOUR WOUNDS.

1. **Surrender**

Psalms 25:1- "O Lord, I give my life to you."

2. **Intimacy**

Jesus asked Peter, "Do you love me?"

2 Corinthians 13:14- "The amazing grace of the Master, Jesus Christ, the extravagant love of God, the intimate friendship of the Holy Spirit, be with all of you."

3. Trust

Psalms 25:2- "I trust in you, my God! Do not let me be disgraced, or let my enemies rejoice in my defeat."

"Trust in the Lord with all your heart! "

Trust Him with all your heart because He wants to heal your heart!

SIT AND BE HEALED!

CONCLUSION: What is your wound! Where have you been cut emotionally because you're bleeding all over people who didn't cut you.

Surrender to Jesus. Become intimate with him and trust him!

Sit and be healed of your wounds.

What is the Holy Spirit saying to you through this message?