

Encounter Church
Sunday April 28, 2024

Becoming a Healthy You
Becoming Who God Created You To Be

Jeremiah 1:4-5- “The Lord gave me this message: “I knew you before I formed you in your mother’s womb. Before you were born I set you apart and appointed you as my prophet to the nations.”

It would seem God knew Jeremiah’s purpose before he was even created. From his mother’s womb, Jeremiah was chosen and set apart.

Jeremiah 1:6- “O Sovereign Lord,” I said, “I can’t speak for you! I’m too young!”

Immediately, Jeremiah looked at himself and judged himself and his ability against what God had called him to do!

HE FIRST LOOKED AT HIMSELF! “I’m too young. I’m not competent enough to that God!”

“God I know you’ve never made a mistake so I guess you’ve got to start somewhere and you started with me! You missed it on this one God!”

DO YOU THINK GOD KNEW JEREMIAH’S AGE WHEN HE SPOKE THIS TO HIM?

***You and I cannot think wrongly about ourselves and live rightly at the same time!
You cannot believe error and practice the truth!***

A self-belittling attitude is not pleasing to God!

HERE ARE SOME IMPORTANT QUESTIONS TO ASK YOURSELF.

1. What right do I have to belittle or despise someone whom God loves so deeply?

John 3:16- ““For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.”

2. What right do I have to belittle or despise someone whom God has honored so highly?

1 John 3:1- “See how very much our Father loves us, for he calls us his children, and that is what we are!”

3. What right do I have to belittle or despise someone whom God **values** so highly?

Romans 5:7-8- “Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. But God showed his great love for us by sending Christ to die for us while we were still sinners.”

4. What right do I have to belittle or despise someone whom God has **provided** for so fully?

Matthew 7:11- “So if you sinful people know how to give good gifts to your children, how much more will your heavenly Father give good gifts to those who ask him.”

5. What right do I have to belittle or despise someone whom God has **planned** for so carefully?

Ephesians 1:3-5- “Praise be to God for giving us through Christ every possible spiritual benefit as citizens of Heaven! For consider what he has done—before the foundation of the world he chose us to become, in Christ, his holy and blameless children living within his constant care. He planned, in his purpose of love, that we should be adopted as his own children through Jesus Christ—that we might learn to praise that glorious generosity of his which has made us welcome in the everlasting love he bears towards the Son.”

6. What right have I to belittle or despise someone in whom God **delights?**

Matthew 3:17- “Then suddenly the voice of the Father shouted from the sky, saying, “This is my Son—the Beloved! My greatest delight is in him.”

Around Ninety times Paul used the phrase, “We are in Christ.”

God looks at you in Christ and says to you, “You are My beloved daughter, you are my beloved son, in whom I take great delight.”

HERE’S THE QUESTION

From where will you get your idea of yourself?

From distortions of your. Childhood? From past hurts and false ideas that have been programmed into you?

Or will you say, “NO, I will not listen to Satan, the liar, the confuser, the blinder, who twists and distorts.”

“I am going to listen to God’s opinion of me, and let Him reprogram me until His loving estimate of me becomes a part of my life, right down to my innermost feelings.”

WE MUST PARTNER WITH GOD! HOW DO I DO THAT?

Jeremiah 1:6-9- “O Sovereign Lord,” I said, “I can’t speak for you! I’m too young!” The Lord replied, “Don’t say, ‘I’m too young,’ for you must go wherever I send you and say whatever I tell you. And don’t be afraid of the people, for I will be with you and will protect you. I, the Lord, have spoken!” Then the Lord reached out and touched my mouth and said, “Look, I have put my words in your mouth!”

1. Don’t say that!

What is “that?” “That” is anything that belittle’s you. Anything that moves you out of alignment with what God has said about you and too you!

Proverbs 18:7- “A fool’s mouth is his ruin, And his lips are the snare of his soul.”

Wouldn’t you say it’s foolish to not agree with what God is saying to you about you!

Proverbs 15:4- “When you speak healing words, you offer others fruit from the tree of life. But unhealthy, negative words do nothing but crush their hopes.”

DON’T SAY THAT! ARE YOU REALLY SERIOUS ABOUT THIS? **BE ACCOUNTABLE!**

2. Overcome the fear of man.

“Don’t be afraid of the people.”

Proverbs 29:25- “The fear of man lays a snare, but whoever trusts in the Lord is safe.”

Snare- a net to catch you in or a barbed hook to grab a hold of you.

The one you fear the most is the one you will give the most honor to!

If you fear man more than God you give more honor to what man says about you than what God says. You will put more weight into what man says than what God says!

Hebrews 13:6- “So we can say with confidence “The Lord is my helper, so I will have no fear, What can mere people do to me?”

3. Know Your Purpose

Jeremiah, “For you must go wherever I send you and say whatever I tell you.”

Know your assignment! Why am I here?

Galatians 1:15-16- “But even before I was born, God chose me and called me by his marvelous grace. Then it pleased him to reveal his Son to me so that I would proclaim the Good News about Jesus to the Gentiles. When this happened, I did not rush out to consult with any human being.”

Paul is defending his UNIQUE call to be an Apostle.

You my friend have a unique call from God! You were created with a purpose.

Seek the purpose giver and you’ll discover your purpose.

BECOME A HEALTHY YOU!

Don’t say that! Overcome the Fear of Man! Know Your Purpose!

4. Say This!

“I, the Lord, have spoken!” Then the Lord reached out and touched my mouth and said, “Look, I have put my words in your mouth!”

What is “THIS?” “THIS” is whatever God is saying!

HOW DO I FIND OUT WHAT GOD IS SAYING? **START WITH THE BIBLE!, SPEND TIME WITH GOD IN PRAYER.** The more time I spend with Jeanie the more of her heart I discover.

KEEP SAYING “THIS!” HOW?

Romans 12:1-2- “And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.”

Don’t say that! Overcome the fear of man! Know your purpose and say this!

WHAT IS THE HOLY SPIRIT SAYING TO YOU THROUGH THIS SERIES?

