

A 5-DAY DEVOTIONAL COMPANION

The House That Holds Everyone

“...but as for me and my house, we will serve the Lord.”

Joshua 24:15

Written reflections, Scripture, journaling space, and prayers to accompany the audio devotional series

New Life Tabernacle Carrollwood

Welcome

Two houses can look the same from the street. Both have walls. Both have a roof. Both seem stable on a sunny day. But storms reveal foundations—and what holds a home together is not its appearance, but what it is built on and the rhythms practiced inside it.

This written guide is designed to walk alongside the audio devotional. Each day follows the same simple rhythm, so you can listen, read, reflect, and respond at your own pace.

HOW TO USE THIS GUIDE

- 1. Listen.** Begin with the day's audio devotional. Let the message settle before you pick up your pen.
- 2. Read.** Open your Bible to the day's passage and read it in full. The key verse is printed for you.
- 3. Reflect.** Read the written devotional, then answer the reflection questions honestly in the space provided.
- 4. Respond.** Complete the practical step. Healing grows through small, intentional acts of faith.
- 5. Pray.** Pray the written prayer aloud, then add your own words.
- 6. Remember.** Carry the day's closing truth with you. Write it somewhere you will see it.

A note before you begin: this devotional is a tool for reflection, not a substitute for pastoral care or professional counseling. If what surfaces feels too heavy to carry alone, please reach out to a pastor or a trusted, qualified counselor.

THE JOURNEY AT A GLANCE

Day	Theme	Scripture
Day 1	The Foundation That Cannot Crack	Matthew 7:24–27
Day 2	The Power of Continuing	Acts 2:42
Day 3	No One Drowns Alone	Galatians 6:2
Day 4	Worship That Is Not a Performance	Psalms 16:11
Day 5	As for Me and My House	Joshua 24:15

DAY 3

No One Drowns Alone

Today's Reading: Galatians 6:2 | **Audio:** Day 3

“Bear ye one another’s burdens, and so fulfil the law of Christ.”

— Galatians 6:2 (KJV)

DEVOTIONAL

It is a simple verse, but it carries a heavy call. The life of faith was never meant to be lived in isolation. God did not design His people to struggle privately while pretending publicly. He did not call us to look fine while falling apart. He called us into a body—a family, a community where burdens are noticed and carried together.

The early church understood this. They shared meals, homes, resources, and life. If someone had a need, the body responded. Their commitment was radical, but beautiful: no one drowns while everyone else stays dry.

That kind of community does not happen by accident. It requires attention. It requires slowing down enough to notice people. It requires asking questions and actually listening to the answers—because sometimes the people closest to us are drowning quietly. A spouse may be silent, but overwhelmed. A child may be acting out, but really asking for attention. A friend at church may be smiling, but barely holding on. A neighbor may seem fine, but be carrying grief alone.

Often what people need first is not a perfect solution. They need presence. The ministry of presence is powerful. It does not say, “I can fix everything,” or “I have all the answers.” It says, “You are not alone.” A phone call can be a lifeline. A meal can be a message of love. A visit can break the weight of isolation. A simple “I was thinking about you” can remind someone that God sees them.

This applies inside our homes, too. Strong families are not built on the assumption that everyone is okay. Strong families ask. Strong families listen. Strong families check on one another and make space for honesty. And strong churches do the same. We cannot be so focused on appearing strong that we ignore the people who are weak, or so busy protecting our own comfort that we miss someone else’s cry for help.

Bearing burdens will cost us something—time, convenience, emotional energy. It may interrupt our plans. But Galatians says this is how we fulfill the law of Christ. And what is the law of Christ? Love.

DAY 3 • JOURNAL & RESPONSE

REFLECT

1. *Who in your home, your church, or your community might be quietly drowning right now?*

2. *What has kept you from checking on them?*

RESPOND: TODAY'S PRACTICAL STEP

Reach out to one person today—not with a sermon, not with pressure, not even necessarily with advice. Reach out with presence:

- ☐ Make a call.
- ☐ Send a voice message.
- ☐ Drop off a meal.
- ☐ Stop by, if appropriate.

Who I will reach out to, and how:

DAY 3 • PRAYER

PRAY

Lord Jesus, open our eyes to the people around us. Forgive us for the times we have been too distracted, too busy, or too self-protective to notice the burdens others are carrying. Give us compassion that moves. Teach us to listen well, love well, and show up faithfully. Make our homes and our church a place where no one has to drown alone. In Jesus' name, amen.

My own prayer:

REMEMBER THIS

Be someone's reminder today that God sees them.

Going Deeper: Romans 12:15 • Ecclesiastes 4:9–12 • 1 Thessalonians 5:11