

A 5-DAY DEVOTIONAL COMPANION

Good News

The Year of the Lord

“...to preach the acceptable year of the Lord.”

Luke 4:19

Written reflections, Scripture, journaling space, and prayers to accompany the audio devotional series

New Life Tabernacle Carrollwood

Welcome

In ancient Israel, the Year of Jubilee began with the blast of a trumpet. Debts were canceled, servants were released, land was restored, and families received back what had been lost. When Jesus stood in the synagogue and announced “the acceptable year of the Lord,” He was sounding that trumpet—and this time, Jubilee was standing in the room.

This written guide is designed to walk alongside the audio devotional. Each day follows the same simple rhythm, so you can listen, read, reflect, and respond at your own pace.

HOW TO USE THIS GUIDE

- 1. Listen.** Begin with the day’s audio devotional. Let the message settle before you pick up your pen.
- 2. Read.** Open your Bible to the day’s passage and read it in full. The key verse is printed for you.
- 3. Reflect.** Read the written devotional, then answer the reflection questions honestly in the space provided.
- 4. Respond.** Complete the practical step. Healing grows through small, intentional acts of faith.
- 5. Pray.** Pray the written prayer aloud, then add your own words.
- 6. Remember.** Carry the day’s closing truth with you. Write it somewhere you will see it.

A note before you begin: this devotional is a tool for reflection, not a substitute for pastoral care or professional counseling. If what surfaces feels too heavy to carry alone, please reach out to a pastor or a trusted, qualified counselor.

THE JOURNEY AT A GLANCE

Day	Theme	Scripture
Day 1	The Trumpet Has Already Sounded	Luke 4:18–19
Day 2	The Reset Button Is Real	2 Cor. 5:17; Col. 2:14
Day 3	The Box Must Be Sealed and Sent	Isaiah 61:1–3; Rom. 8:1
Day 4	Walking in an Identity That Fits	1 Pet. 2:9; Eph. 2:10
Day 5	Jubilee Is Not Just for You	Gal. 6:2; Lev. 25:10

DAY 1

The Trumpet Has Already Sounded

Today's Reading: Luke 4:18–19 | **Audio:** Day 1

“The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, to preach the acceptable year of the Lord.”

— Luke 4:18–19 (KJV)

DEVOTIONAL

In ancient Israel, the Year of Jubilee began with the sound of a trumpet. That sound meant freedom had arrived. Debts were canceled. Servants were released. Land was restored. Families received back what had been lost.

And here is what matters: when the trumpet sounded, there was no waiting period. Nobody had to negotiate freedom. Nobody had to wonder whether the announcement was real. The sound itself was the declaration.

When Jesus stood in the synagogue and said He had come to proclaim the acceptable year of the Lord, He was sounding the trumpet of Jubilee. But this time, Jubilee was not a date on a calendar—Jubilee was standing in the room. Jesus Himself was the freedom. Jesus Himself was the release. Jesus Himself was the restoration.

The sad truth is that some people heard Him that day and still walked away bound. Not because Jesus failed, and not because the promise was weak, but because they could not believe the declaration applied to them.

Sometimes we do the same thing. We hear that Jesus forgives, but we keep rehearsing our guilt. We hear that Jesus frees, but we keep identifying with our chains. We hear that Jesus restores, but we keep living as though what was lost can never be redeemed.

Today the invitation is simple: receive what Christ has already declared. You do not have to beg God to be good. You do not have to convince Him to care. You do not have to bargain your way into mercy. Jesus has already announced freedom. The trumpet has already sounded over your life.

DAY 1 • JOURNAL & RESPONSE

REFLECT

1. *What has kept you from fully receiving what God has already declared over your life—shame, disappointment, or the fear that freedom is for other people but not for you?*

2. *Where are you still waiting for permission God has already given?*

RESPOND: TODAY'S PRACTICAL STEP

- Spend five quiet minutes simply receiving. Do not ask. Do not strive. Do not negotiate.
- Sit before the Lord and say, “Jesus, I receive the freedom You have already provided.”

DAY 1 • PRAYER

PRAY

Lord Jesus, thank You for proclaiming liberty over us. Thank You that the trumpet of freedom has already sounded through Your life, death, and resurrection. Forgive us for living as though we are still bound when You have already opened the door. Teach us to receive Your grace without fear and without hesitation. Help us walk today as people who have heard the sound of Jubilee. In Your name, amen.

My own prayer:

REMEMBER THIS

Freedom has already been announced.

Going Deeper: Leviticus 25:8–13 • Isaiah 61:1–2 • Hebrews 4:2