

A 5-DAY DEVOTIONAL COMPANION

Good News

The Year of the Lord

“...to preach the acceptable year of the Lord.”

Luke 4:19

Written reflections, Scripture, journaling space, and prayers to accompany the audio devotional series

New Life Tabernacle Carrollwood

Welcome

In ancient Israel, the Year of Jubilee began with the blast of a trumpet. Debts were canceled, servants were released, land was restored, and families received back what had been lost. When Jesus stood in the synagogue and announced “the acceptable year of the Lord,” He was sounding that trumpet—and this time, Jubilee was standing in the room.

This written guide is designed to walk alongside the audio devotional. Each day follows the same simple rhythm, so you can listen, read, reflect, and respond at your own pace.

HOW TO USE THIS GUIDE

- 1. Listen.** Begin with the day’s audio devotional. Let the message settle before you pick up your pen.
- 2. Read.** Open your Bible to the day’s passage and read it in full. The key verse is printed for you.
- 3. Reflect.** Read the written devotional, then answer the reflection questions honestly in the space provided.
- 4. Respond.** Complete the practical step. Healing grows through small, intentional acts of faith.
- 5. Pray.** Pray the written prayer aloud, then add your own words.
- 6. Remember.** Carry the day’s closing truth with you. Write it somewhere you will see it.

A note before you begin: this devotional is a tool for reflection, not a substitute for pastoral care or professional counseling. If what surfaces feels too heavy to carry alone, please reach out to a pastor or a trusted, qualified counselor.

THE JOURNEY AT A GLANCE

Day	Theme	Scripture
Day 1	The Trumpet Has Already Sounded	Luke 4:18–19
Day 2	The Reset Button Is Real	2 Cor. 5:17; Col. 2:14
Day 3	The Box Must Be Sealed and Sent	Isaiah 61:1–3; Rom. 8:1
Day 4	Walking in an Identity That Fits	1 Pet. 2:9; Eph. 2:10
Day 5	Jubilee Is Not Just for You	Gal. 6:2; Lev. 25:10

DAY 2

The Reset Button Is Real

Today's Reading: 2 Corinthians 5:17; Colossians 2:14 | Audio: Day 2

“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.”

— 2 Corinthians 5:17 (KJV)

“Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross.”

— Colossians 2:14 (KJV)

DEVOTIONAL

Imagine waking up and finding a reset button over your life—not just a reset for your schedule or your mood, but a reset for your soul. Every debt erased. Every charge removed. Every accusation silenced. Every old label stripped of its power. That is not wishful thinking. In Christ, that is the gospel.

Paul says that if anyone is in Christ, that person is a new creation. Not slightly improved. Not spiritually patched up. New. The old has passed away, and the new has come.

Then, in Colossians, Paul gives us another picture. The record of debt that stood against us has been canceled and nailed to the cross. Every failure. Every sin. Every place where we fell short. Jesus took it, canceled it, and nailed it down.

That means your past may be part of your story, but it is not your identity. It may explain where you have been, but it has no authority to define where you are going.

The challenge is that many of us keep pulling yesterday back into today. God removes shame, and we pick it back up. God forgives sin, and we keep punishing ourselves. God calls us new, and we keep answering to old names.

But the reset is real. You do not have to live under what Jesus has already nailed to the cross. You do not have to carry what He has already canceled. You do not have to keep proving you are sorry for something He has already forgiven. God is not asking you to create your own reset; He is inviting you to receive the one Christ has already accomplished.

DAY 2 • JOURNAL & RESPONSE

REFLECT

1. *What from your past are you still carrying that God has already nailed to the cross?*

2. *Is there a memory you keep replaying, a mistake you keep wearing, or a name you keep accepting even though God has called you new?*

RESPOND: TODAY'S PRACTICAL STEP

- Write down one thing from your past that you have been holding onto.
- Bring it before God in prayer. Say it honestly and acknowledge it.
- Release it, trusting that Christ has already dealt with it completely.

What I am releasing today:

DAY 2 • PRAYER

PRAY

Father, thank You for making us new in Christ. Thank You that our debt has been canceled and nailed to the cross. Help us stop carrying what You have already removed. Teach us to believe Your word more than our feelings, more than our memories, and more than the accusations of the enemy. Today, we receive the reset You have given us through Jesus. Amen.

My own prayer:

REMEMBER THIS

The old has passed away, and the new has come.

Going Deeper: Psalm 103:11–12 • Isaiah 43:18–19 • Micah 7:18–19