



Message Outline

Title: *Looking Up When Down*

Text: Psalm 42

I. Identify the _____ of Spiritual Depression.

- A. _____ from God's people.
- B. _____ from the world.
- C. _____ of the past.
- D. _____ of the present.
- E. _____ from God.

II. Implement the _____ for Spiritual Depression.

- A. _____ to yourself.
- B. _____ what you preach.
- C. _____ on your preaching.

“Take Home” Truth: We must regularly preach the gospel to ourselves.

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