

Main Idea

The most important question in life is who Jesus truly is. In the storm on the Sea of Galilee, the disciples discover that Jesus is not merely a teacher but the Lord over creation. Recognizing Him as Lord changes everything—our trust in storms, our salvation, and the direction of our entire lives.

1. The Question That Changes Everything

Read Mark 4:35–41 and Discuss:

- In verse 41 the disciples ask, “*Who is this?*”
Why do you think that question sits at the center of the Christian faith?
- The disciples were **more afraid after the storm stopped** than during the storm.
What does that reveal about who Jesus really is?

Read Colossians 1:15–17 and Discuss:

- What does this passage reveal about Jesus that challenges the way we sometimes think about Him?
- Where might believers unintentionally treat Jesus as **a helper** instead of **the Lord of everything**?

2. The Storm and Trust

Read Mark 4:37–38 and Discuss:

- The disciples cry out, “*Don’t you care?*”
Why do storms often make us question God’s care?
- What storm are you currently facing where trusting Jesus feels difficult?

Read John 16:33 and Discuss:

- Jesus promises storms will come.
What does trusting Him **in the storm** look like practically in your life?

3. Lordship in the Storm

Read Mark 4:39–41 and Discuss:

The sermon said: *If Jesus has authority over the wind and the waves, then He has authority over everything.*

- Where in your life do you struggle most to trust Jesus’ authority? Possibly:
 - control of the future, fear or anxiety, relationships, suffering, decisions

- What would it look like to surrender that area to Jesus as **Lord**, not just ask Him to help with it?

4. The Personal Question

Read Mark 8:27–29: Jesus asks His disciples: “But what about you? Who do you say I am?”

- Why does Jesus move the conversation from **public opinion** to **personal belief**?
- If someone asked you today, how would you answer Jesus’ question?

Honest Moment

Take a moment here as a group and be honest. Some people grow up around church, but they’ve never personally decided to trust Jesus as Savior. Ask:

- Have you personally trusted Jesus as your Savior and Lord?

If someone in the group is still unsure or exploring faith, this is a safe place to say that honestly. No pressure—just honesty.

If someone expresses interest in knowing Jesus, the group leader can talk with them after group or pray with them.

5. Easter – Who Needs Jesus?

Read John 1:40–42: Andrew met Jesus and immediately brought someone else.

- Who first helped you move toward Jesus?
- Who in your life right now needs Jesus?

Take a moment and name **one person**.

- What is a simple way you could invite them to church or a conversation about faith before Easter? Possibly...
 - “Come sit with me this Sunday.”

Prayer

Break into pairs or small groups and pray for:

- storms people are currently facing
- deeper trust in Jesus as Lord
- courage to surrender areas of control
- the people each person named to encounter Jesus
- Close by thanking Jesus that **the One who calms storms still walks with us today**.