Content: Learning the Discipline of a Satisfied Soul

Content with Your Spouse Proverbs 5:18-19

Contentment: a perfect condition of life in which no aid or support is <u>needed</u> (Philippians 4:11); a <u>mind</u> contented with its lot (1 Timothy 6:6). (Strongs Definition)

Rejoice in the **Gift** God Has Given You - v.18b

- The Gift of a **Companion** Genesis 2:18a
- The Gift of a Help-mate Genesis 2:18b
- The Gift of a <u>Lifetime</u> (The seasons) Genesis 2:18, Matthew 19:6

Delight in the **Love** God Has Provided You - v.19b

- Singularly Satisfied in Your Spouse v.19b
- Completely Satisfied in Your Spouse v.19b