

Life Group Guide | May 23

S.H.A.P.E. ~ “P - Personality”



A guide for Life Groups, families or individual study. Feel free to use the back of this sheet for notes. Life Group materials, including videos, are available at redeemerconnect.com/life-groups or on our new Redeemer Connects mobile app, downloadable from the iTunes and the Google Play stores.

FOLLOWING JESUS #1

Before your Life Group meets, take the “Personality Assessment” available on the Redeemer website: redeemerconnect.com/personality. We ask that you search the internet to discover a free online assessment to discover your Myers-Briggs and Enneagram types if you do not already know them. For more information about the S.H.A.P.E. components, go to redeemerconnect.com/shape. (See QR codes on next page.)

Once you have completed your assessment, please add your result to your Realm profile at e.onrealm.org/serving. Add your Personality results to where it says Skills and Interests.

OPENING PRAYER

Heavenly Father, you created us with individual gifts and talents, and our personalities reflect your handiwork and give us a glimpse of who you are. Because we want to fulfill your perfect plans, we ask the Holy Spirit to work through us to use our unique characteristics to serve Jesus and to love others. It is in your son’s name we pray. Amen.

CONNECTING QUESTION

Have you ever been some place where you did not speak the language? Describe your experience. What was exciting? What might have made you uncomfortable?

SCRIPTURE READING

Read Aloud & Meditate on God’s Word: Acts 2:1-21

WATCH VIDEO | SESSION 4

EXPLORE THE TEXT

1. What was the purpose of the tongues of fire? How else does God speak to his people?
2. If you had been present when the Holy Spirit came, do you think you would have reacted more like verse 12 or verse 13 or in some other way?
3. Peter quoted Joel’s 800 year-old prophesy (verses 17-21 and see Joel 2:28-32). Why was it important for him to share those words to the assembled crowd?
4. Why was it critical that everyone could understand Peter’s message even though they spoke many different languages? How can the church learn from that experience to create a welcoming community for believers from diverse backgrounds and faith walks?

5. Read aloud Psalm 139:13-16. The verses articulate that who you are, including your personality characteristics, has been determined by the way that God uniquely designed you. What are several of your strong characteristics? Any characteristics you would like to improve/enhance or change altogether?
6. How is God calling you to support and serve the unique individuals he has brought into your life? What are the joys and challenges of serving when no two people are the same?
7. While not innately Christian, personality tests and types can give words to and bring awareness to your characteristics, your fears, your desires, your motivations, your shadow side, your best traits, etc. Share your Myers-Briggs and Enneagram with the group and what you have learned about yourself through these tools. How can these tools help you better understand and know your Life Group members and others in general?

FOLLOWING JESUS #2

Your personality might be the most obvious component of S.H.A.P.E to differentiate you from someone else. Your personality dictates how you interact with and present yourself to others and to God. If you have not already done so and want to learn more about your personality, take an online Myers-Briggs and/or Enneagram test. Add your results to your Realm profile.

SCRIPTURE FOR EXTRA STUDY

Romans 12, 1 Corinthians 12, Ephesians 4:1-16

LIFE GROUP OPTIONAL PRAYER TIME - HOW CAN WE PRAY FOR YOU?

CLOSING PRAYER & THE LORD'S PRAYER

Ask the Holy Spirit to guide, teach, and advocate for you, for that is why Jesus asked the Father to send him. After all, "the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will. And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them" (Romans 8:27-28 NLT)

Our Father...



Scan the Discover Your Shape QR code to access all five S.H.A.P.E. components.



Scan the Personality QR code to take the assessment from a mobile device.