

Life Group Guide | May 9

S.H.A.P.E. ~ “H - Heart”



A guide for Life Groups, families or individual study. Feel free to use the back of this sheet for notes. Life Group materials, including videos, are available at redeemerconnect.com/life-groups or on our new Redeemer Connects mobile app, downloadable from the iTunes and the Google Play stores.

FOLLOWING JESUS #1

Before your Life Group meets, explore and further discover what God has given you a heart for. Take the “Heart Assessment” available on the Redeemer website:

redeemerconnect.com/heart. For more information about the S.H.A.P.E. components, go to redeemerconnect.com/shape. (See QR codes on next page.)

Once you have completed your assessment, please add your result to your Realm profile at e.onrealm.org/serving. Add your Heart passions to where it says Skills and Interests.

OPENING PRAYER

Heavenly Father, You have given each of us unique passions and have expertly shaped the desires of our hearts. Help us to recognize and name those passions so that we may delight in using them in order to better know, love, and serve you. May the desires you’ve placed in our hearts spill over into our daily lives as we use them to serve others and to grow your kingdom. In your Son’s name we pray. Amen.

CONNECTING QUESTION

What activities or hobbies are you passionate about? What causes are you passionate about? What is unique about those specific interests?

SCRIPTURE READING

Read Aloud & Meditate on God’s Word: Psalm 37:1-7

WATCH VIDEO | SESSION 2

EXPLORE THE TEXT

1. Luke 6:45 says “a good man brings good things out of the good stored up in his heart, and an evil man [does the opposite]. For the mouth speaks what the heart is full of.”
Discuss a time in your life when something you were tasked with brought you joy. Do you think that task was aligned with the passions of your heart?
2. Read verse 3. How do the desires of our heart reflect God’s love for us? Our love for God?
3. How would you explain the relationship between what the psalmist says in verses 3-4?
4. Read verses 5-6. What are we commanded to do with the passions God has entrusted to

us? How do we trust him with the desires of our hearts?

5. What happens to our hearts when we “delight ourselves in the Lord” (v 4)? How does it influence our view of the things we are passionate about?
6. Refer back to the Connecting Question. What similar passions did you hear from your group members? How do you see the passions of your heart reflecting the passions of God’s heart?
7. Verse 7 tells us to “be still before the Lord and wait patiently for him.” How does this serve us when we are faced with issues that our hearts break for?
8. How might our passions change over time as we grow closer to God through sanctification? Explain.

FOLLOWING JESUS #2

Have you discovered your own passion for a particular role or ministry at Redeemer or in your community or world? Pray about where God might be leading you to serve. Commit to taking steps to follow your passion into God’s purpose.

SCRIPTURE FOR EXTRA STUDY

Proverbs 27:19, Luke 6:45

LIFE GROUP OPTIONAL PRAYER TIME - HOW CAN WE PRAY FOR YOU?

CLOSING PRAYER & THE LORD’S PRAYER

Ask God to align your heart with his. Pray that through discovering your own unique passions, God would use the desires of your heart to guide you in ways of serving Him and others.

Our Father...



Scan the Discover Your Shape QR code to access all five S.H.A.P.E. components.



Scan the Heart QR code to take the assessment from a mobile device.