

FALL
2023

High School



Thief of Everything

Your teenager may have a tendency to compare themselves to others. This is totally normal, yet wildly unhelpful. In this series, your teenager will discover that comparison not only keeps them from liking others, it robs them of things like joy, peace, and grace! And the further they move away from comparison and toward contentment, the more they'll be able to love who they are just as they are!

MEMORY VERSE

"Guard your heart above all else, for it determines the course of your life."
Proverbs 4:23, NLT

Week One

2 Corinthians 10:12,
2 Corinthians 10:18
God doesn't compare you to others.

Week Two

1 Samuel 18:5, 6-7, 9
Celebrating is better than comparing.

Week Three

Romans 12:2
Choose to see yourself the way God does.

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ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your teen starts their day, mention a way they stand out from the crowd in a good way.



Their Time

Comparison is something we model, whether we realize it or not. Be conscious of how you talk about others and yourself.



Meal Time

At a meal this week, have everyone answer this question: "What is something unique and great about the person sitting next to you?"



Bed Time

Pray that both you and your teen will resist the temptation to compare who you are and what you have to others.



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